



ACI-Singapore Chapter 2024 Annual Seminar for Concrete Technologies

Strategies for Shrinkage Cracking Mitigation of Concrete

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Outlines

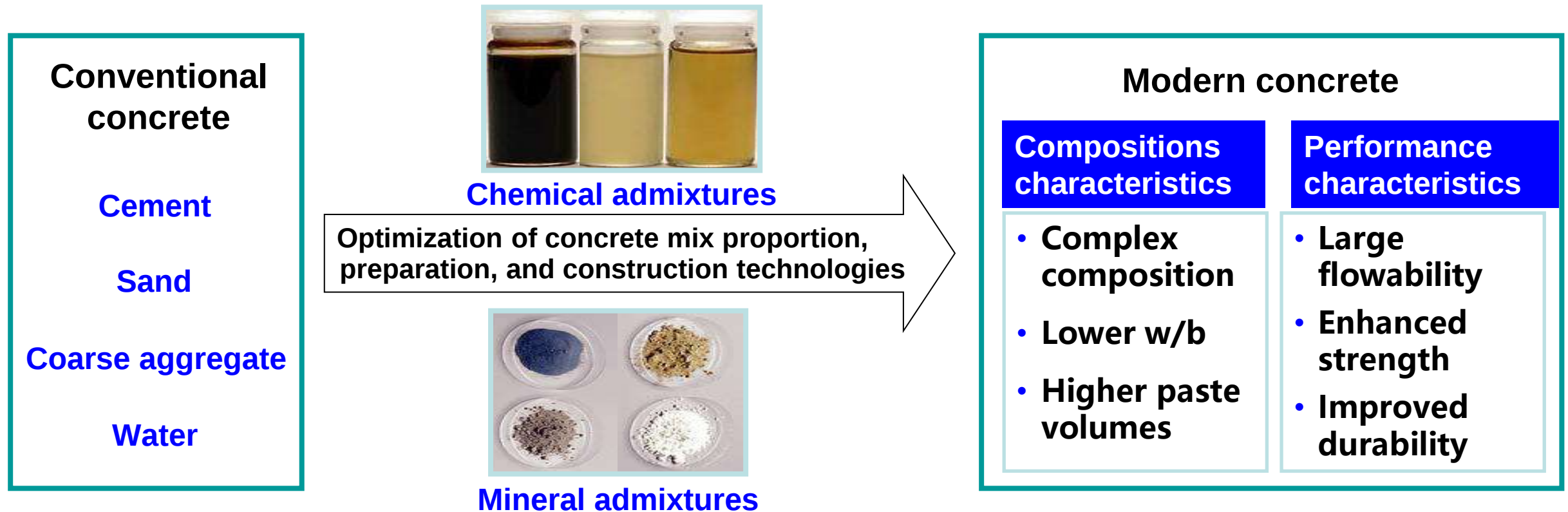
- **Background**
- **Multi-field coupling prediction model**
- **New technologies for shrinkage crack mitigation**
- **Typical applications**
- **Conclusions**



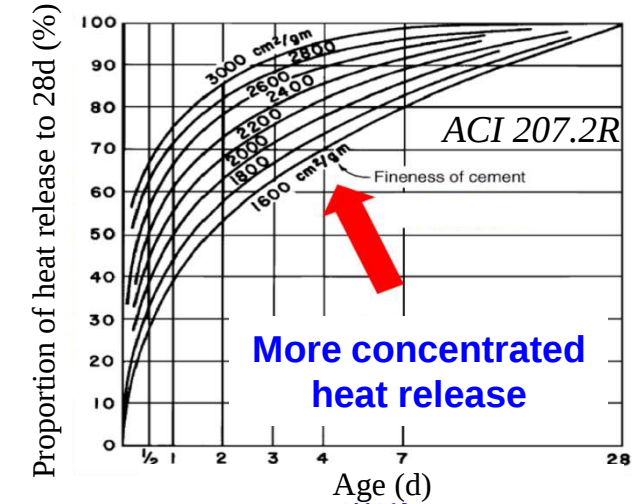
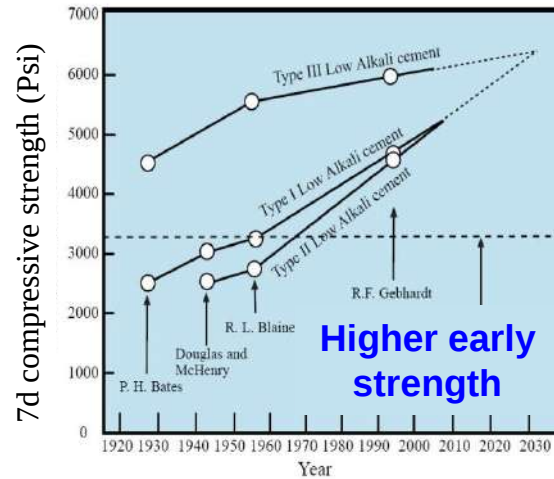
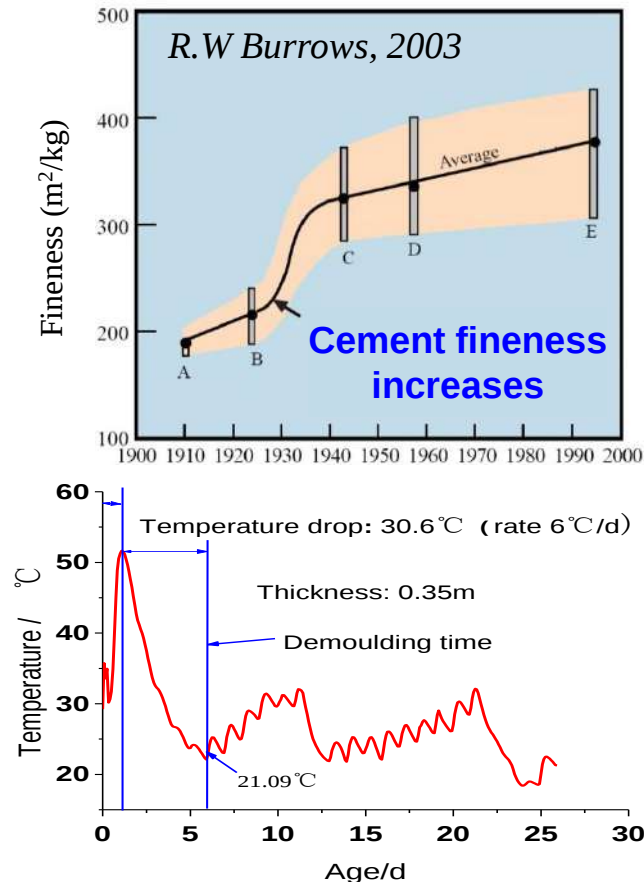
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Background

- Modern concrete, benefited from the wide use of chemical admixtures and industrial waste residues, can reduce the consumption of resources, and meanwhile meet **the performance requirements of modern civil engineering** with improved durability and other properties



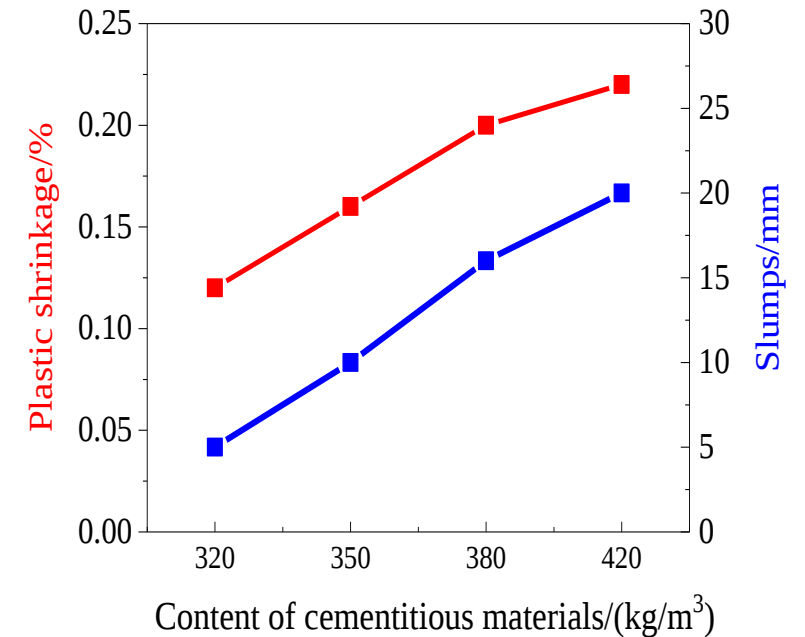
- The fineness increase and significant mineral composition changes of cement result in a rapid and concentrated heat release at early-age hydration



Cement fineness and composition	Cracking temperature
Fineness increases from 280 m^2/kg to 380 m^2/kg	Increased by 9.5 $^{\circ}\text{C}$
C_3A content increased by 4%	Increased by 6 $^{\circ}\text{C}$

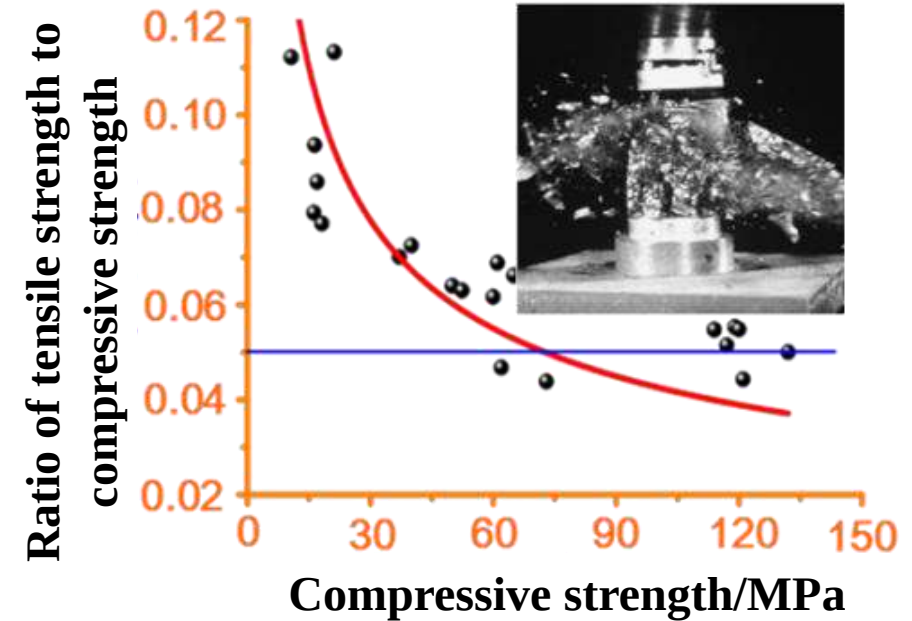
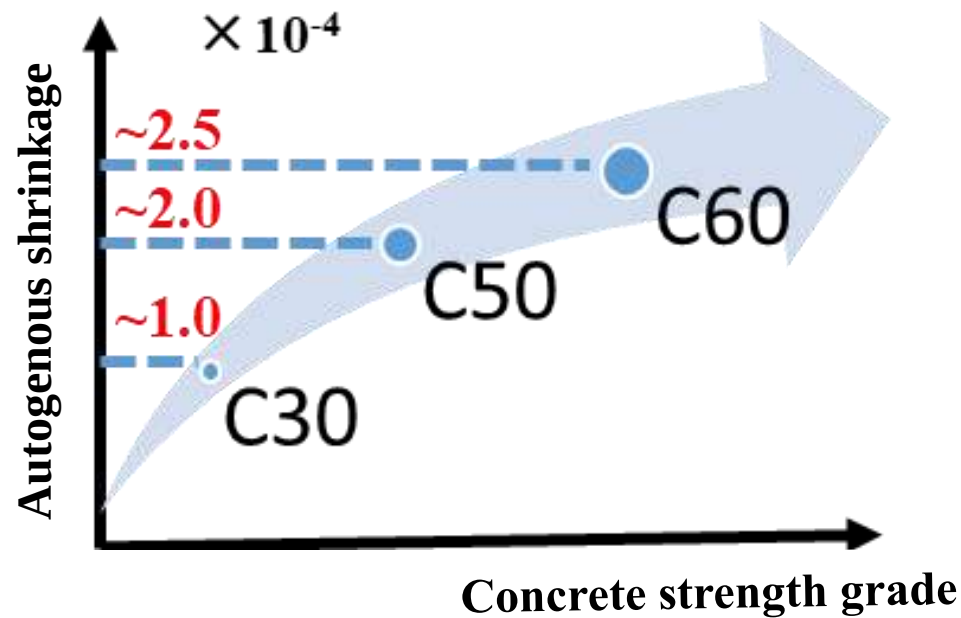
Concrete temperature reaches the peak at about 1d, and internal temperature is over 70 $^{\circ}\text{C}$

- The flowability of concrete increases, resulting from a decrease in coarse aggregate content and an increase in binders and fine aggregate content, leading to typical increase in shrinkage



Value of plastic shrinkage **doubles**

- ❑ The increment of concrete strength also leads to the increase of autogenous shrinkage at the early ages, and also decrement of the toughness



- The value of autogenous shrinkage doubles, and shrinkage at early ages (28d for ordinary concrete, 60d for mass concrete) accounts for more than 90% of the total shrinkage
- The tensile-compressive strength ratio of C30 is about 1/10-1/12, and that of C60 is about 1/16

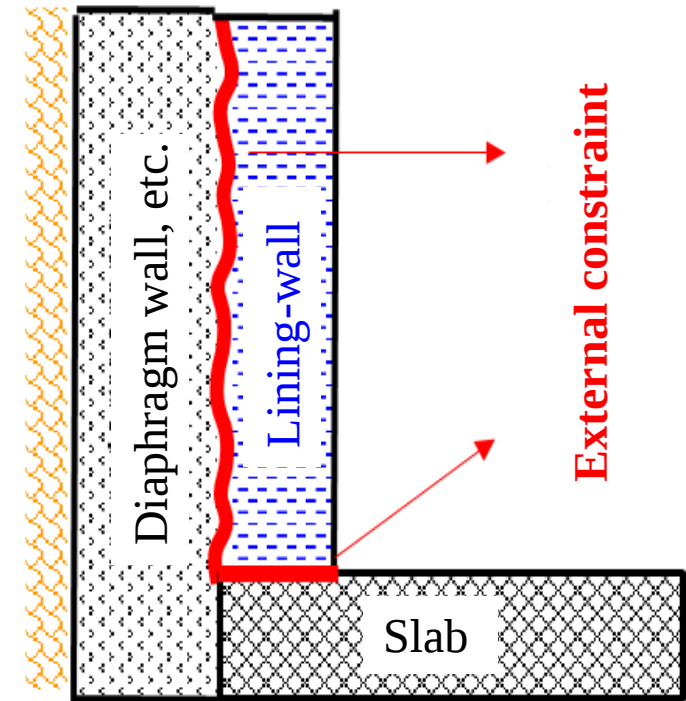
- ❑ **Shrinkage stress is much higher** in modern structures with long spans, large volumes and strong constraints



Long spans



Large volumes



Strong constraints

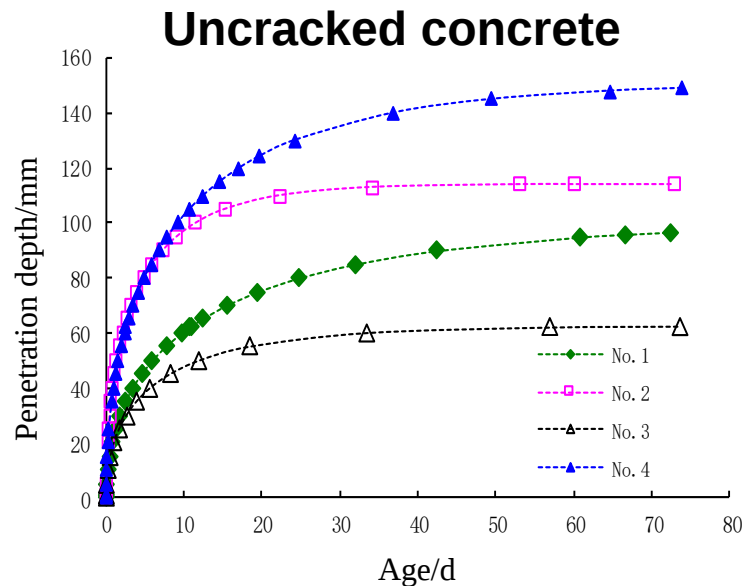
❑ Large shrinkage and strong constraints lead to prominent shrinkage cracking problems in modern concrete structures

- **Bridge deck: Over 50%** are cracking quickly after construction (data from P. K. Mehta and R. W. Burrows)
- **Cast-in-place sideways wall: over 90% are cracking** (data from an investigation report by Special Committee of Jiangsu Urban Rail Transit Construction)

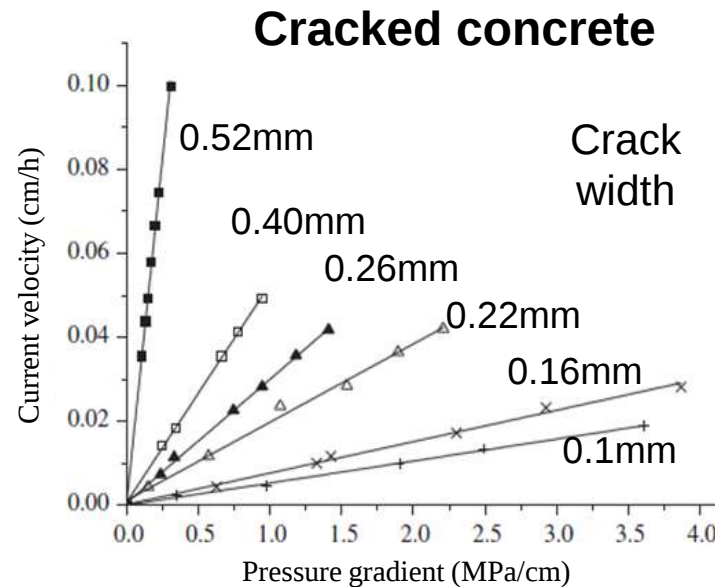


Shrinkage-induced cracks account for more than 80% of cracking in concrete

- Through cracks of concrete will lead to a sharp increase of permeability, causing leakage and other problems, which seriously affect the service performance of the structure



Modern concrete with strength grade $\geq$ C30 fully meets the requirements of self waterproofing



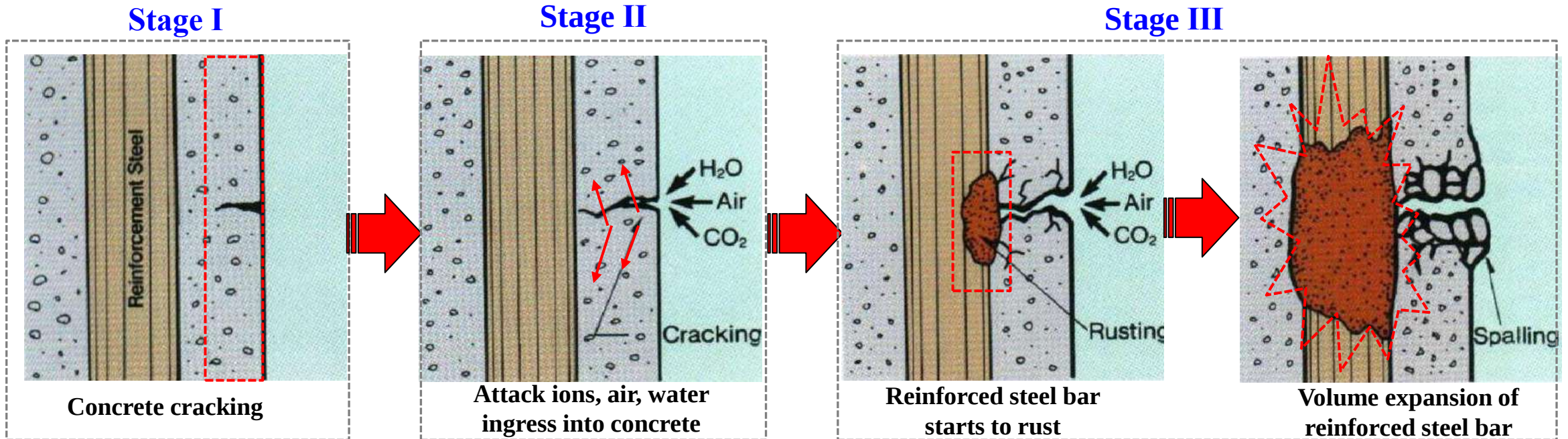
The permeability coefficient of the 0.1mm-width through crack is 10^8 times of that in the matrix



Cracking is the dominant factor for leakage in modern concrete structures

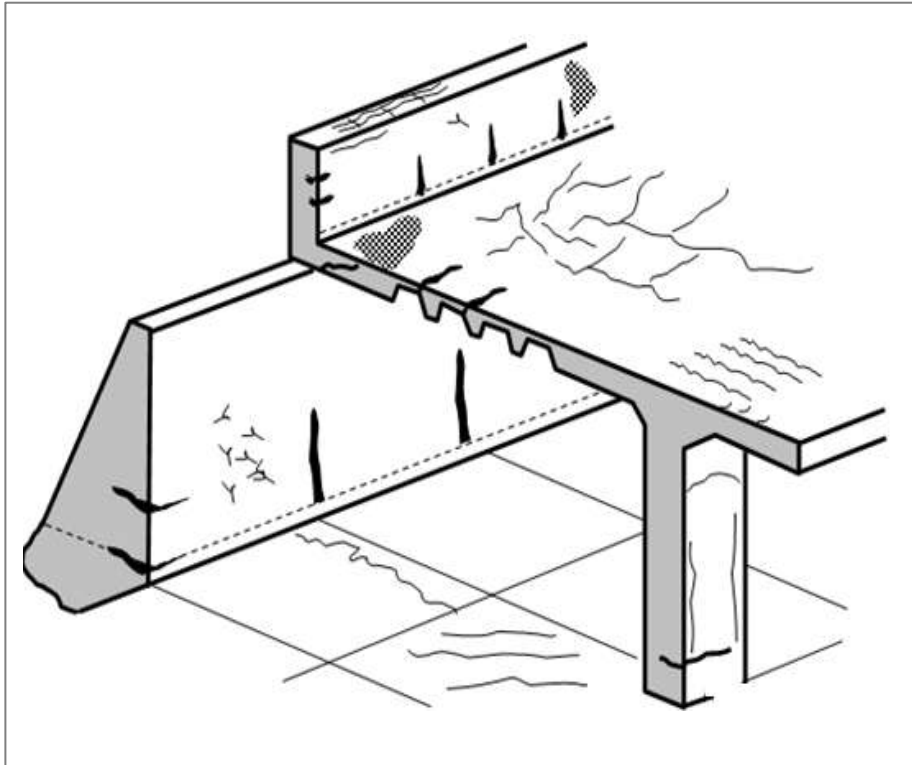
❑ Cracks accelerate the transmission of aggressive medium and will shorten service life of structures

- Stage I —Reducing **the effective thickness** of cover depth
- Stage II—Accelerating the **transmission of attack ions**, air and water within the concrete structure
- Stage III—Shortening depassivation and corrosion time of reinforcement, reducing the **service life** of structures



Seriously affecting the safety of structures

- Due to the characteristics of multiple influencing factors, complex structural constraints, and long duration



Multiple types of shrinkage

- Plastic shrinkage
- Auto. shrinkage
- Drying shrinkage
- Thermal shrinkage

Greatly affected by environment

- Ambient temp.
- Ambient humidity
- Curing technology

Complex structures

- Long spans
- Large volumes
- Strong constraints

Plastic stage — Hardening stage — Performance stable stage

Lasting **for days or even months**

Shrinkage cracking remains a challenging task that has long plagued in engineering without any effective solution

Three major bottleneck issues of shrinkage cracking

Materials-Structure-Environment

Theoretical methods

Quantitative estimation of cracking risk

“Diagnosis”

Functional materials

Reduction of shrinkage in whole process

“Pharmacy”

Applied technology

Full-stage cracking risk control (FCRC)

“Treatment”

Fundamentally mitigating the shrinkage cracking of concrete

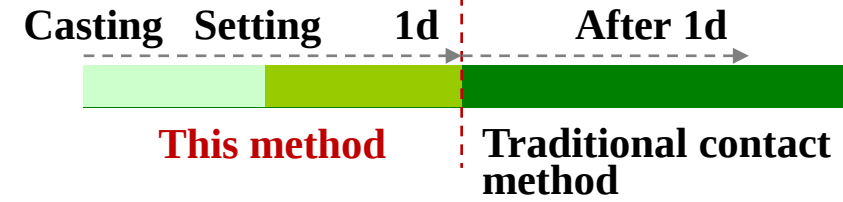
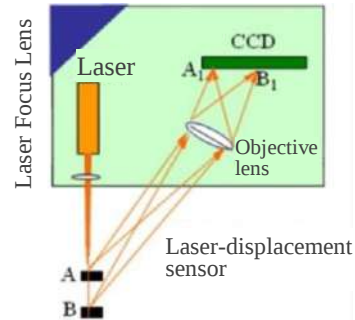


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Multi-field coupling prediction model

- A non-contact laser displacement testing system was invented to achieve phased and whole process shrinkage measurement starting from concrete casting

Test device



Test results

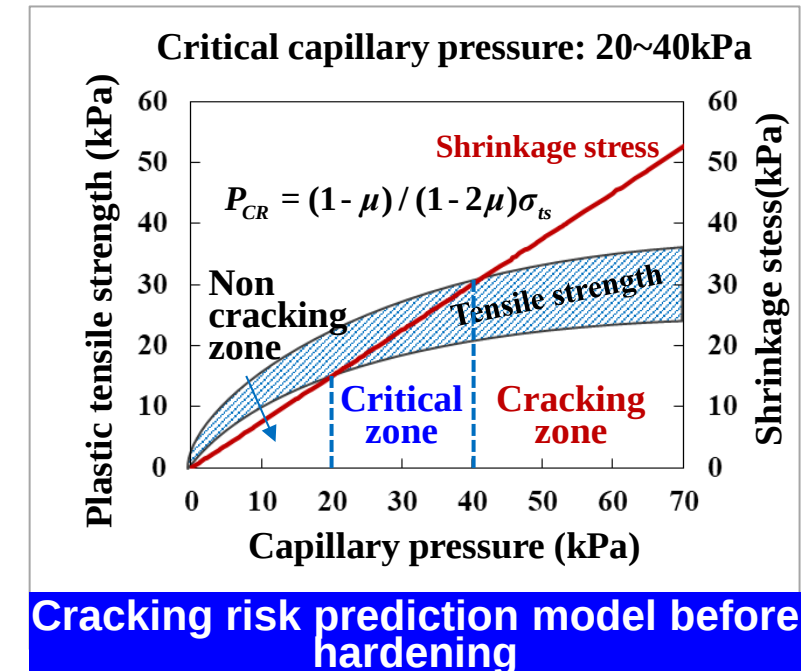
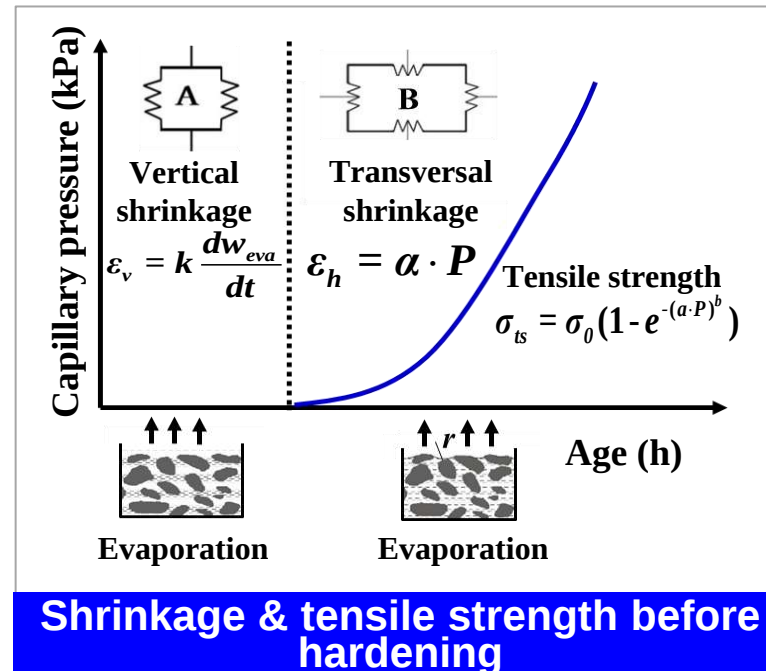
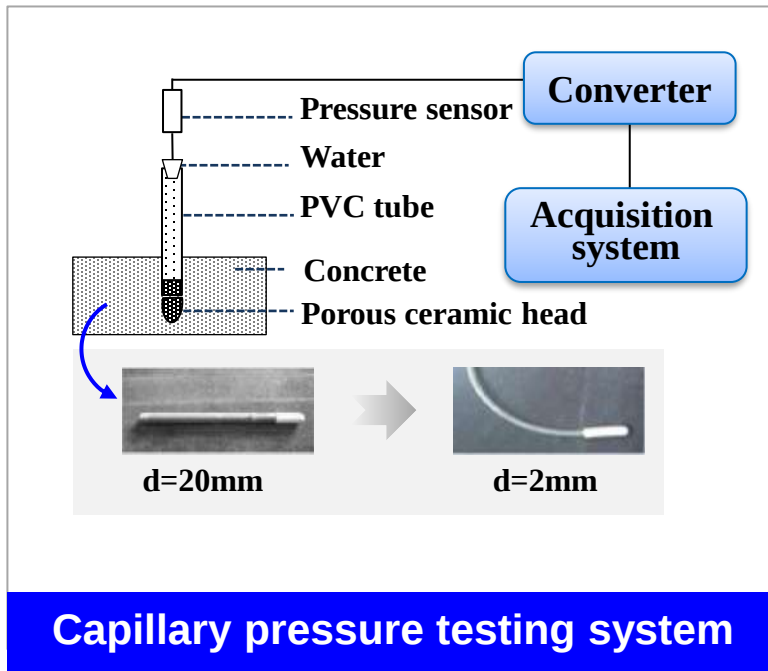
Autogenous shrinkage prediction model:
$$\varepsilon_r(t) = \int_{t_0}^t (1 - 2\nu) \left(\frac{1}{E(t')} + \varepsilon_{\infty}^0(t') \frac{(t - t')^{\alpha(t')}}{(t - t')^{\alpha(t')} + b(t')} \right) \cdot d \sum^s(t')$$

Strength grade	C30	C50	C80
Proportion	>30%	>50%	>60%

The proportion of 1 d autogenous shrinkage to that of 28 d

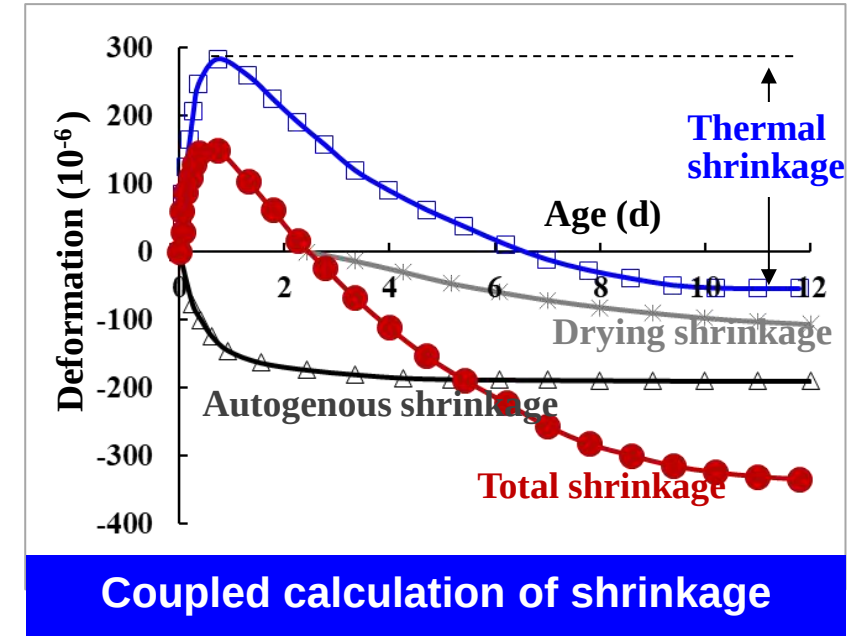
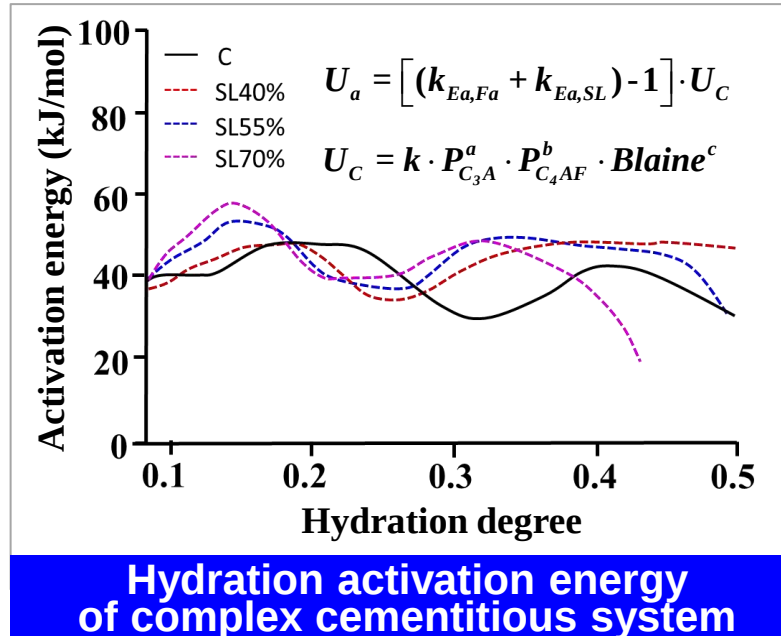
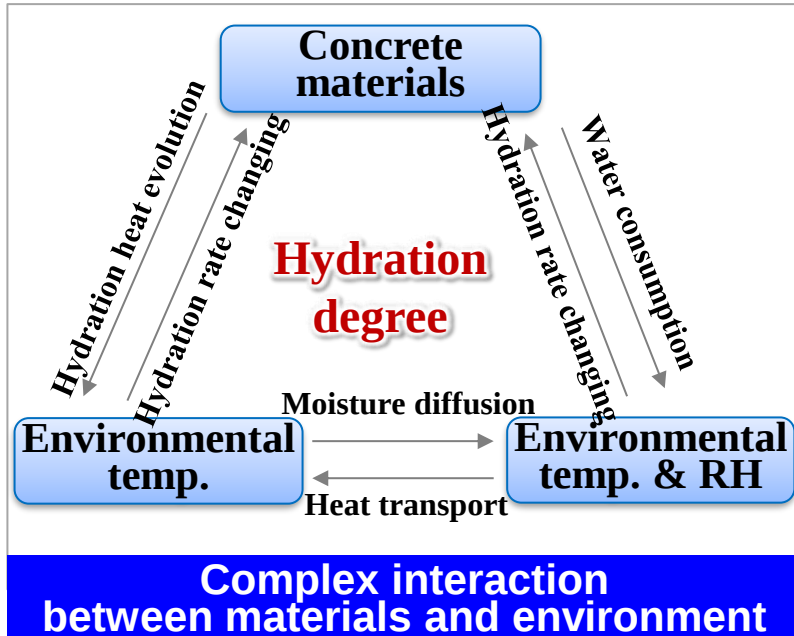
Significantly reduces the error of shrinkage prediction model

- A capillary pressure testing system was invented to quantify the relationship between capillary pressure and shrinkage / tensile strength. Cracking risk prediction model before hardening was then proposed



First realize the characterization of shrinkage driving force during the stage with high humidity

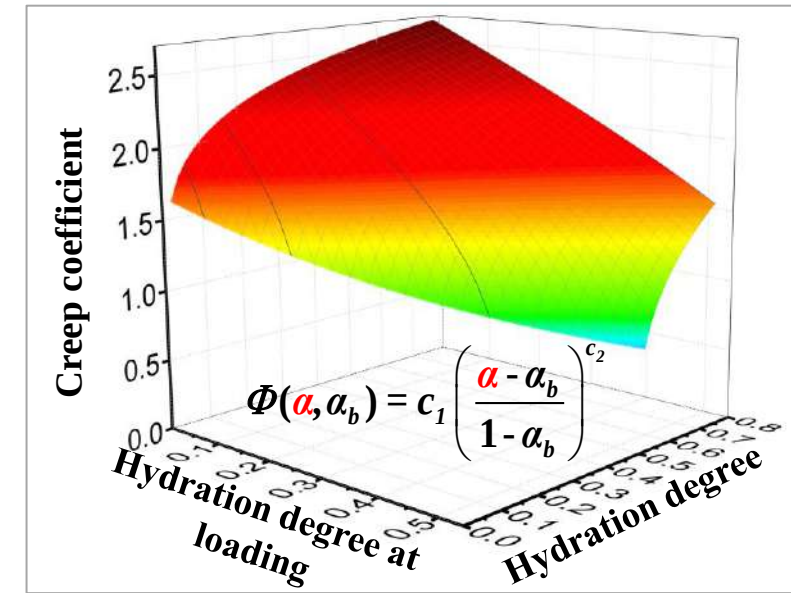
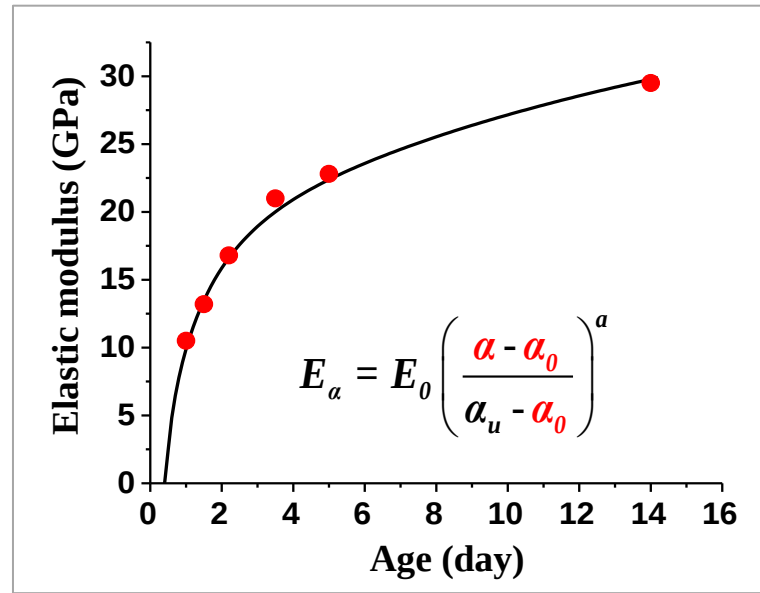
- A formula was derived for calculation the activation energy of the hydration reaction of cementitious system containing SCM, in which **hydration degree** was adopted as the **key parameter** to describe the evolution of concrete properties, and the complex interaction between materials and temperature & RH.



Shrinkage under actual varied temperature and humidity can be calculated

- A quantitative determination method for “time-zero” of shrinkage was proposed based on capillary pressure, and early-age elastic modulus and creep were modeled based on hydration degree

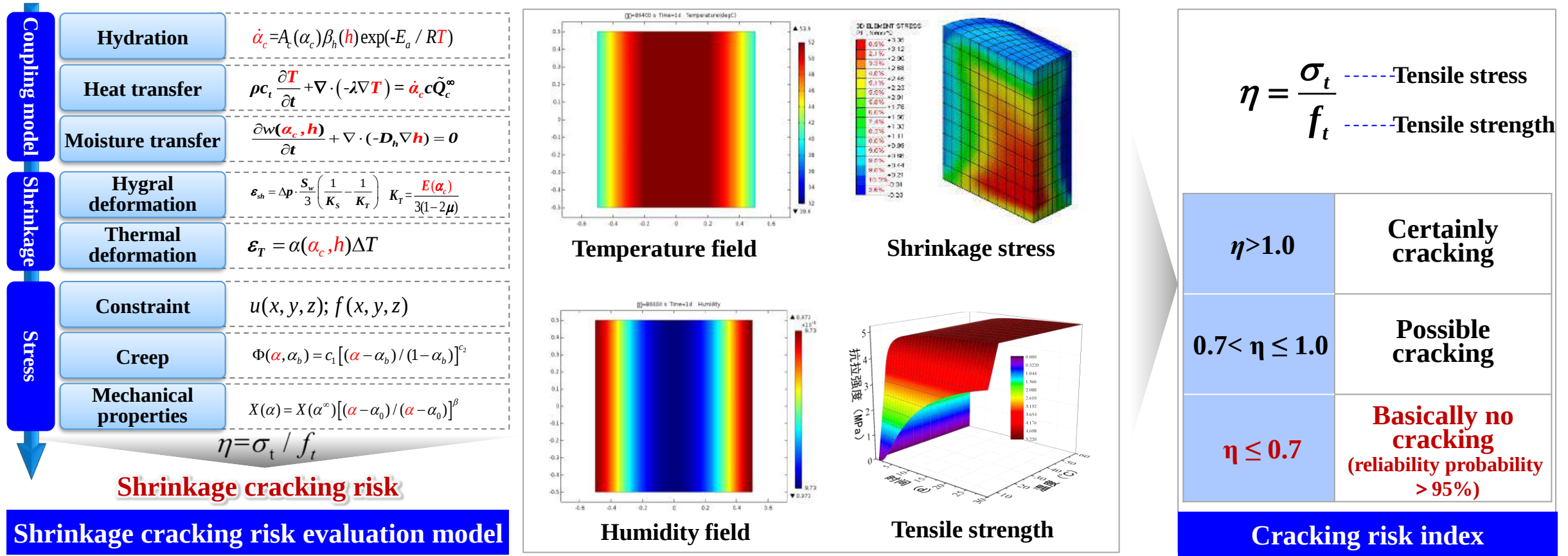
China (GB)	Constant value
ACI	Not considered during construction period
JCI	Effective elastic modulus: $E_e(t) = \frac{1}{1+\varphi(t)} E(t)$ $\varphi(t)$: 1.25 and 0.5 at temperature rise and fall stage



Shrinkage stress:
$$\sigma(t) = \sum_{i=1}^n \left(\Delta \varepsilon_{T_i}(t) + \Delta \varepsilon_{s_i}(t) \right) \times E_i(t) \times H_i(t, \Phi, \tau) \times R_i(t)$$

The early-age shrinkage stress can be accurately calculated

- A multi-field (hydro–thermo–hygro–constraint, HTHC) coupling model was introduced for shrinkage cracking of concrete during hardening stage



The shrinkage cracking risk of structural concrete can be calculated

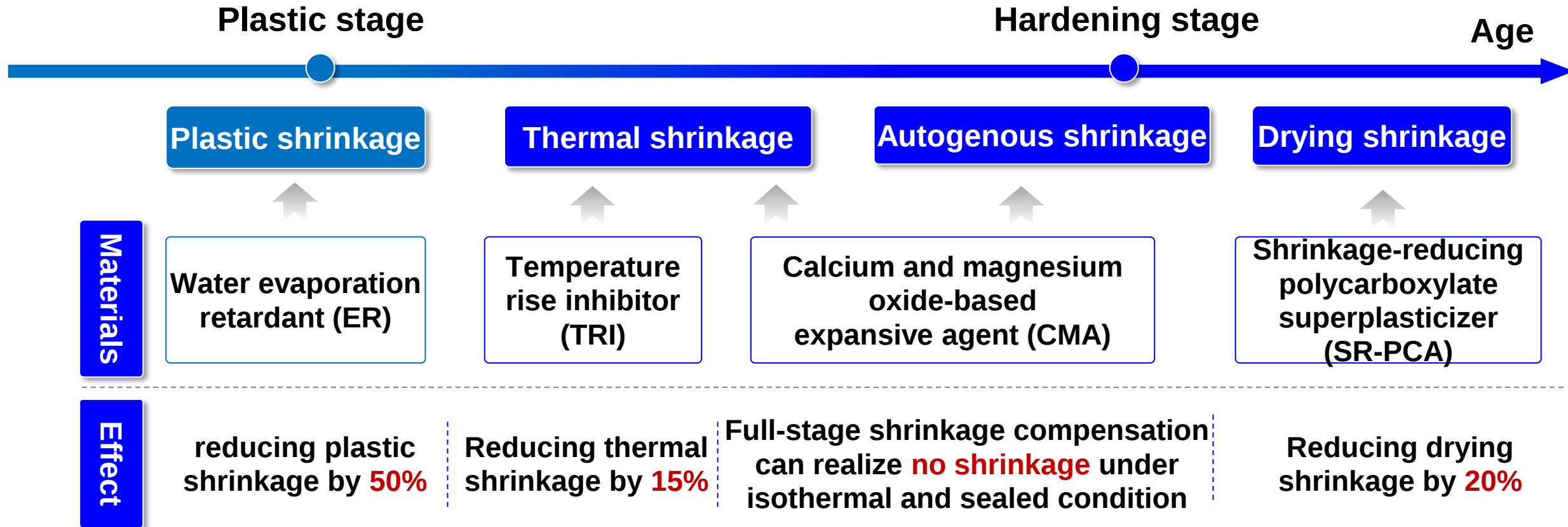


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**New technologies for shrinkage
crack mitigation**

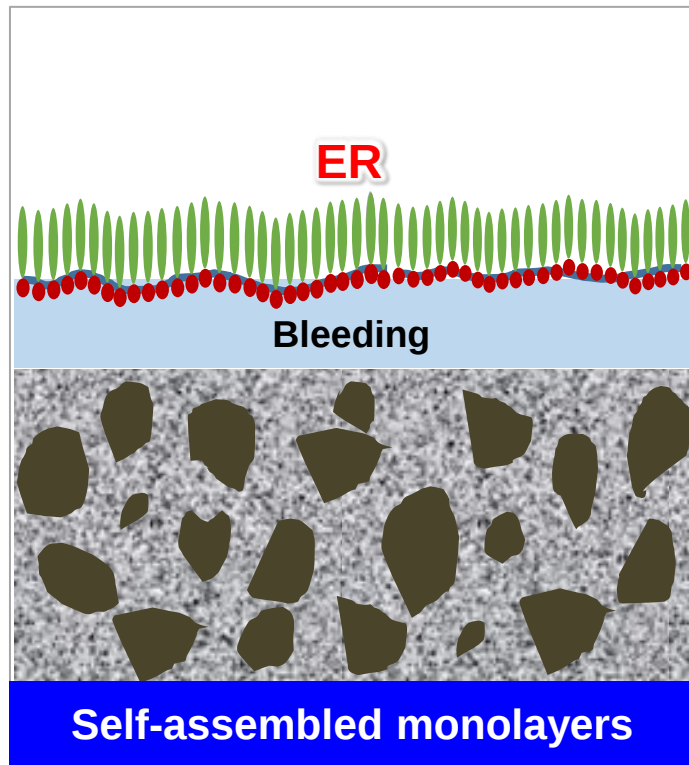
General ideas

□ Functional materials for shrinkage control in whole process

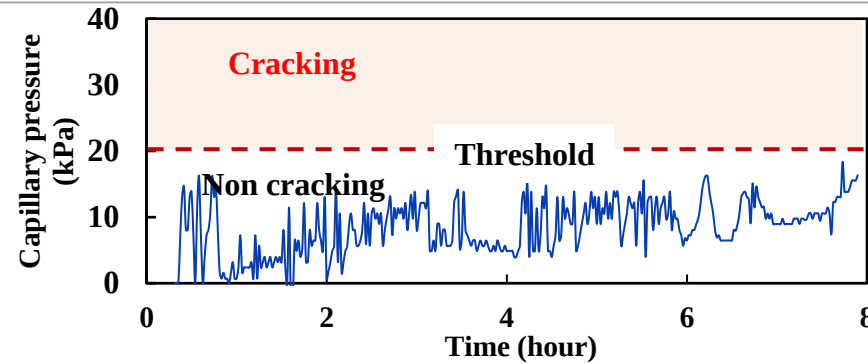


Efficiently reducing the thermal, autogenous, and drying shrinkages of concrete at different stages, **'suit the remedy to the case'**

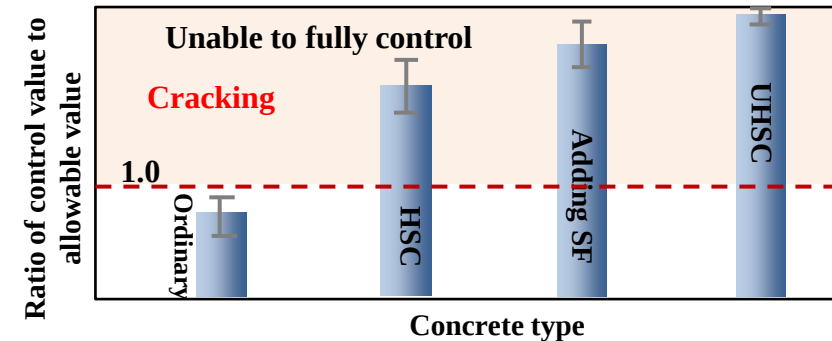
- Evaporation retardant that forms self-assembled monolayers on the surface of concrete, along with intelligent curing technology was invented to control the plastic shrinkage stress below the cracking threshold



This method



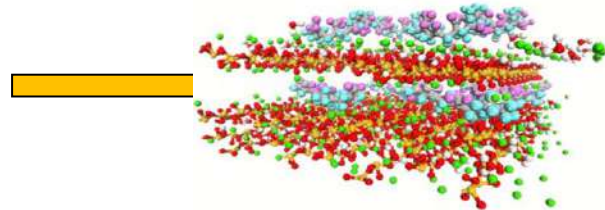
ACI



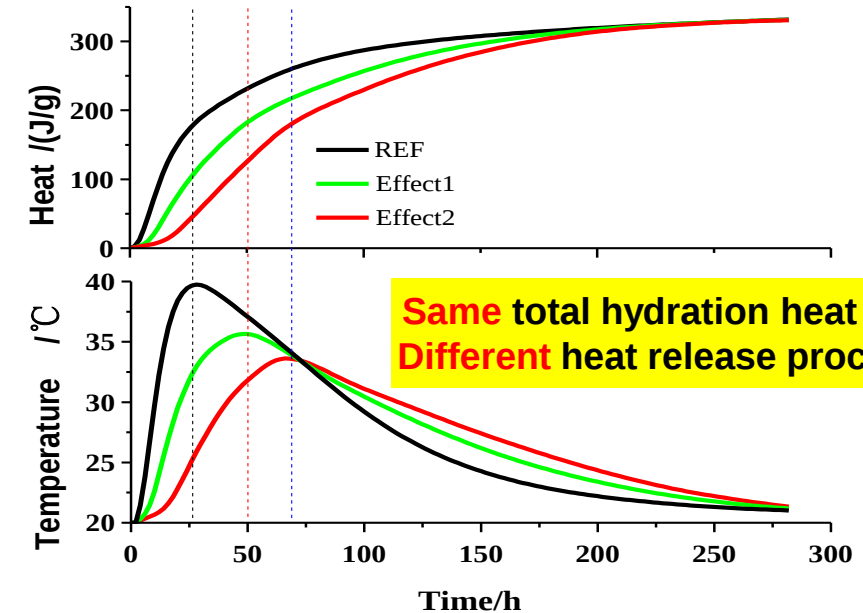
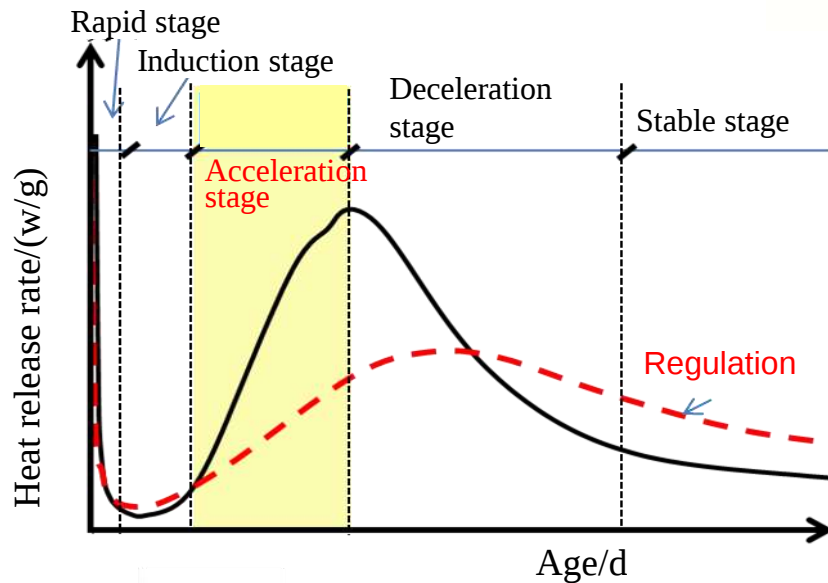
Eliminating plastic shrinkage cracks before hardening

Hydration rate regulation by TRI — Mechanism

Regulating hydration rate at acceleration stage

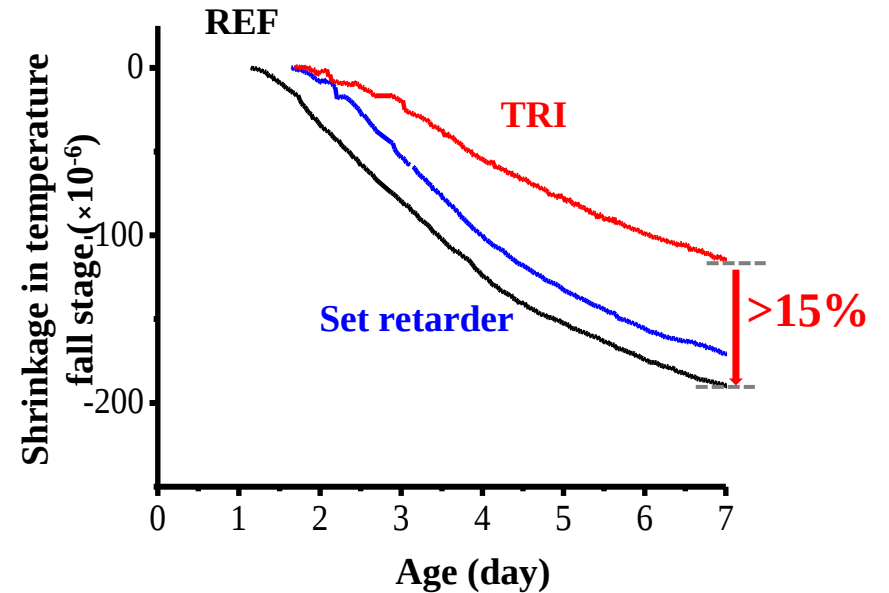
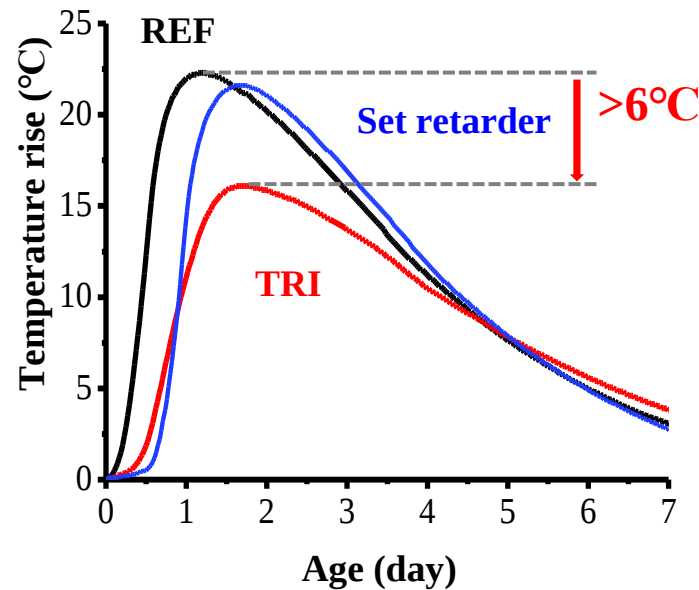
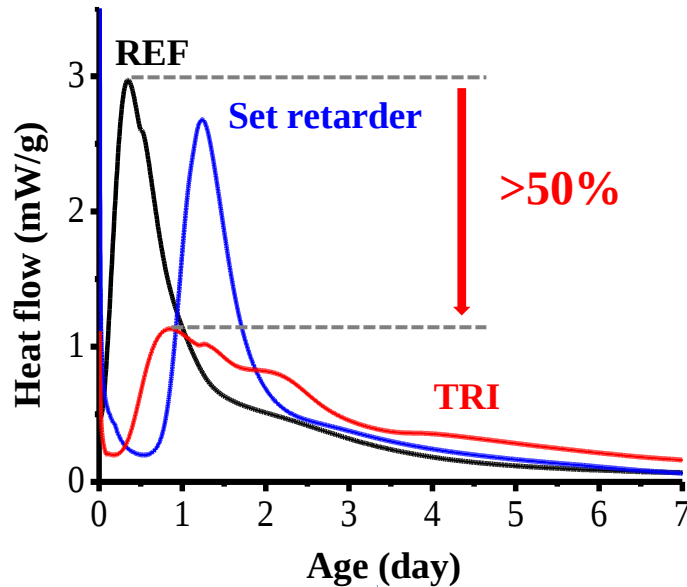


The slower the heat release rate, the lower the temperature rise



By reducing the hydration rate at acceleration stage without changing the total heat release, the temperature rise of concrete can be significantly reduced

Hydration rate regulation by TRI — Effect

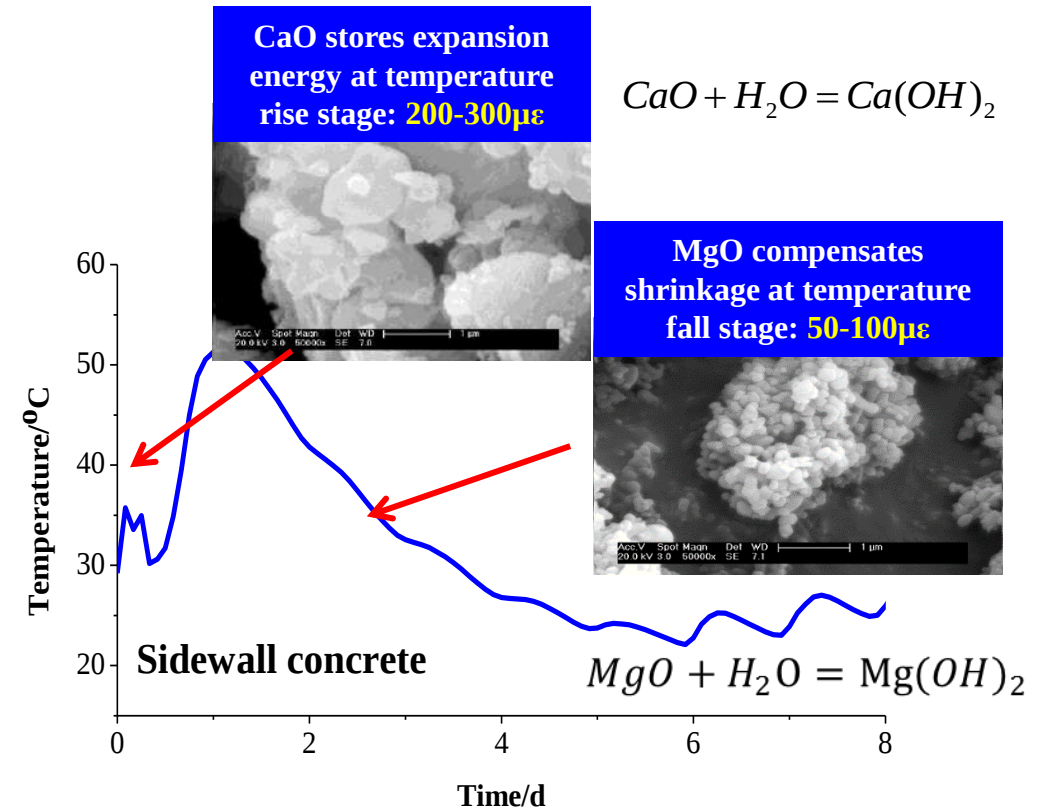
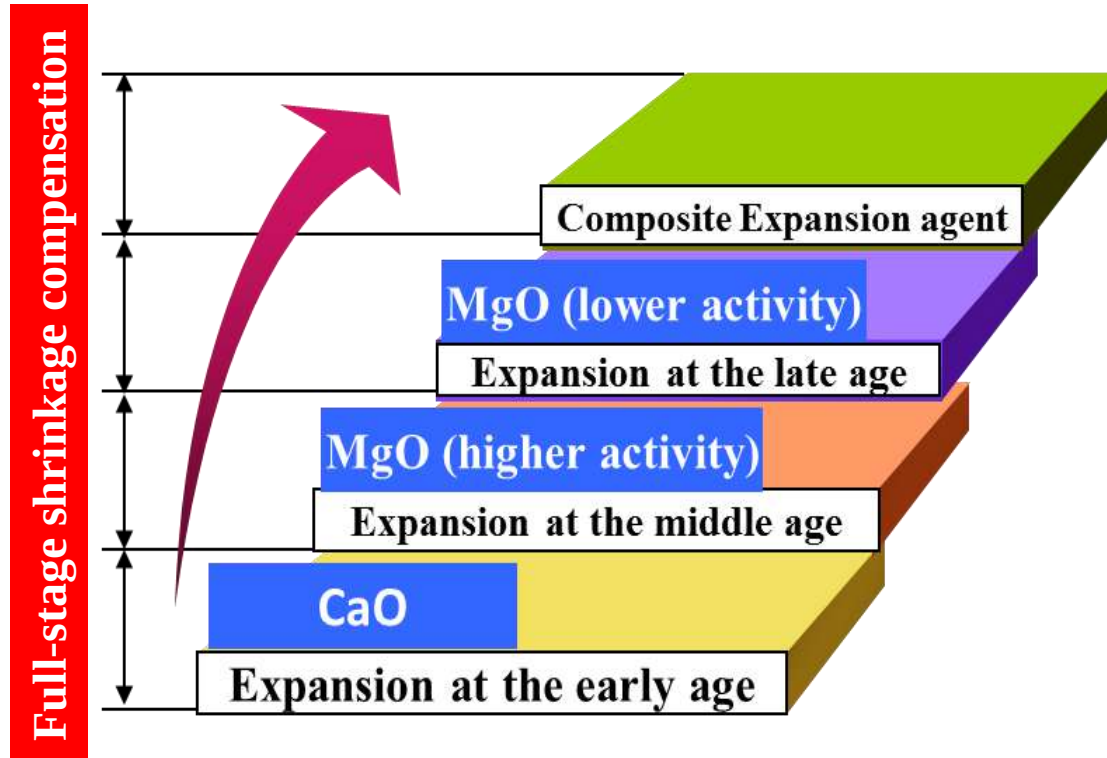


Different from set retarder, addition of TRI could decrease **the peak** of cement hydration heat flow by more than 50% without changing the total heat generated, and reduce the temperature rise of concrete structure by more than **6°C**

Providing key materials for reducing thermal shrinkage of concrete

New technology 3 Full-stage shrinkage compensation (FSC)

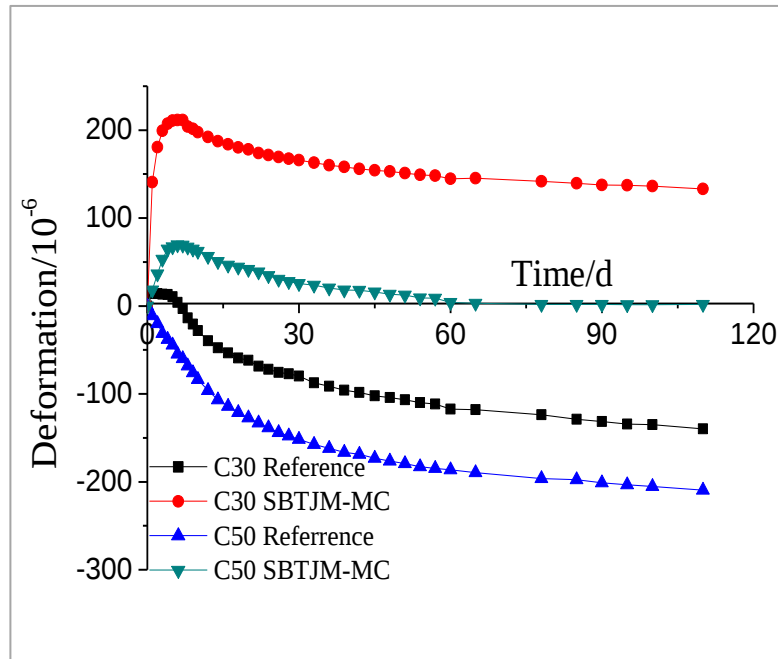
Expansion process regulation — Technical ideas



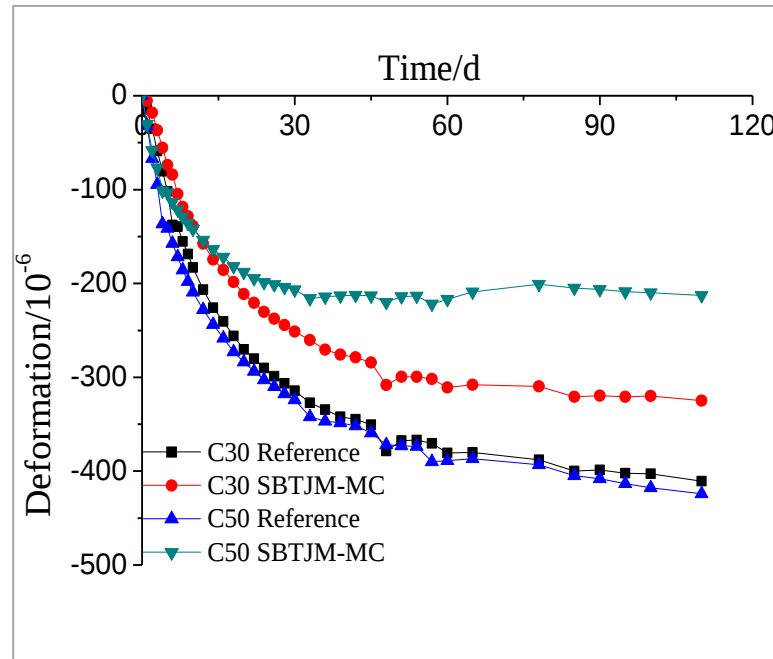
Using multiple combination of expansive components with different relativities to compensate the shrinkage of concrete at different stages

New technology 3 Full-stage shrinkage compensation (FSC)

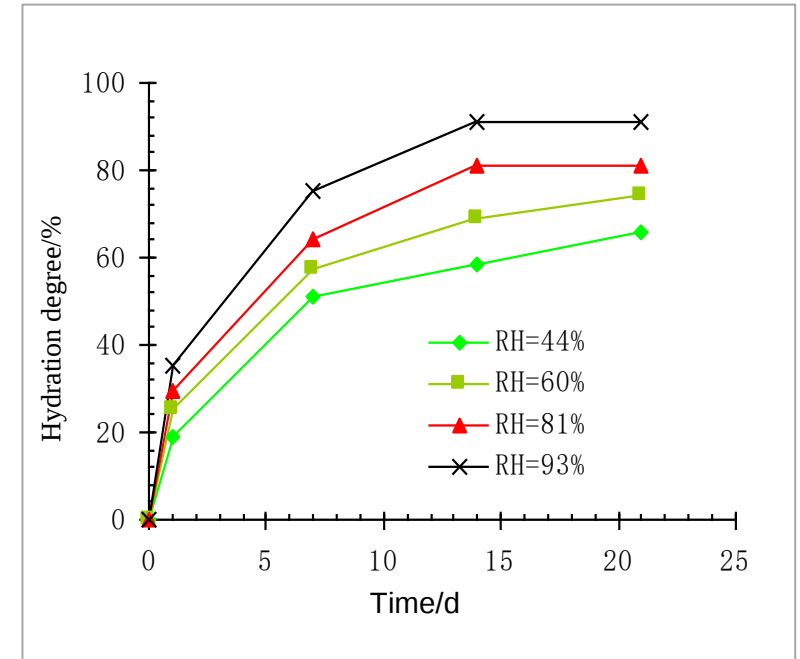
Expansion process regulation — CaO expansive agent



Autogenous deformation



Drying shrinkage

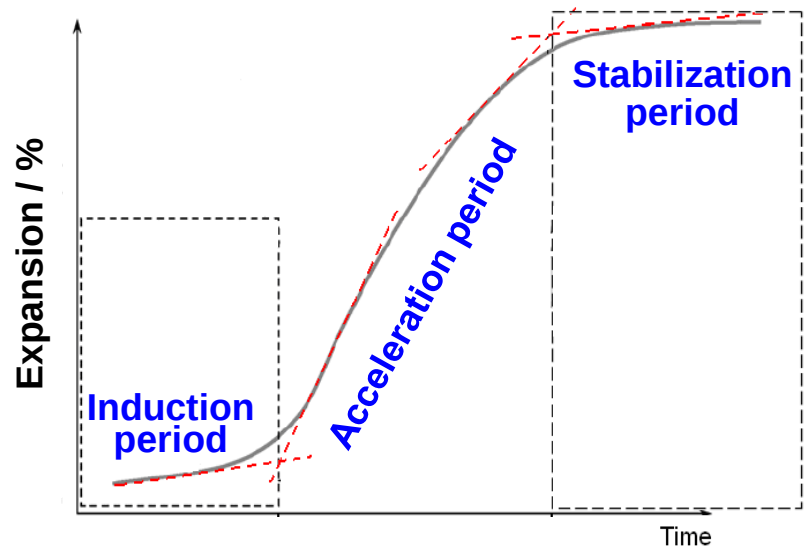


Hydration degree of CaO

- **Large** expansive capacity, **low** hydration sensitivity to humidity
- Effectively **mitigating** autogenous shrinkage and significantly **reducing** dry shrinkage

New technology 3 Full-stage shrinkage compensation (FSC)

Expansion process regulation — MgO expansive agent



Expansion history of MgO expansive agent (MEA)

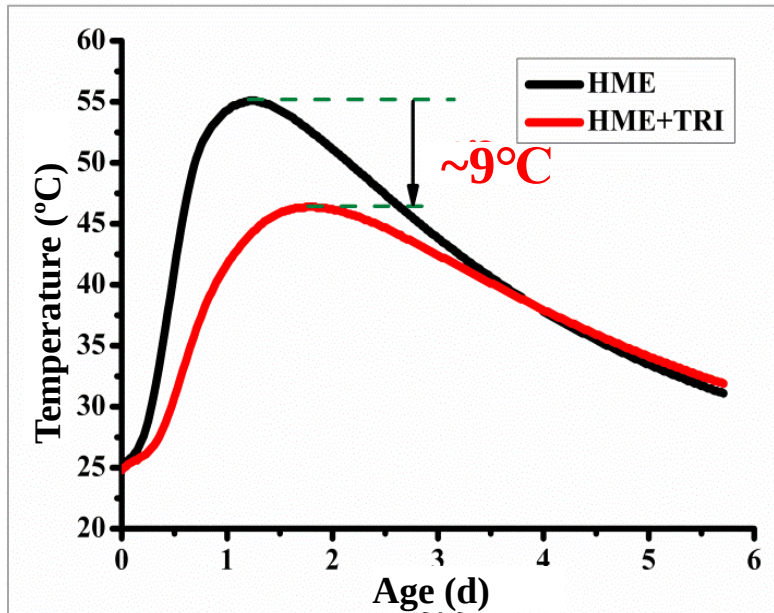
Expansion of cement pastes containing 5% MEA under water curing at 40°C
(Statistical data of test results)

MEA	M58	M75	M100	M150	M190	M250
Reaction time (reactivity values)/s	58	75	100	150	190	250
Induction period/d	0	2	5	7	12	21
Stabilization time/d	56	84	87	90	110	120
Ultimate expansion/%	0.12	0.22	0.27	0.33	0.37	0.55

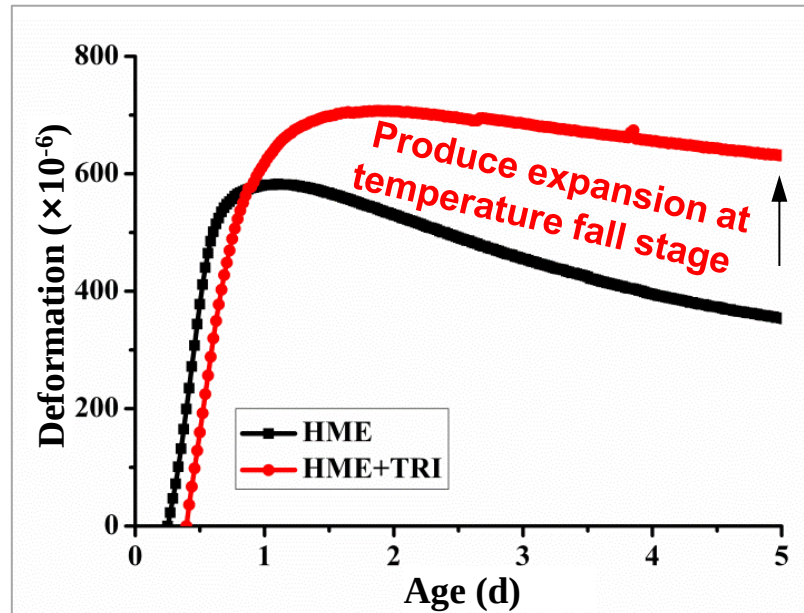
MgO expansive agent (MEA) with different relativities show different expansion behavior

New technology 3 Dual-regulation technology

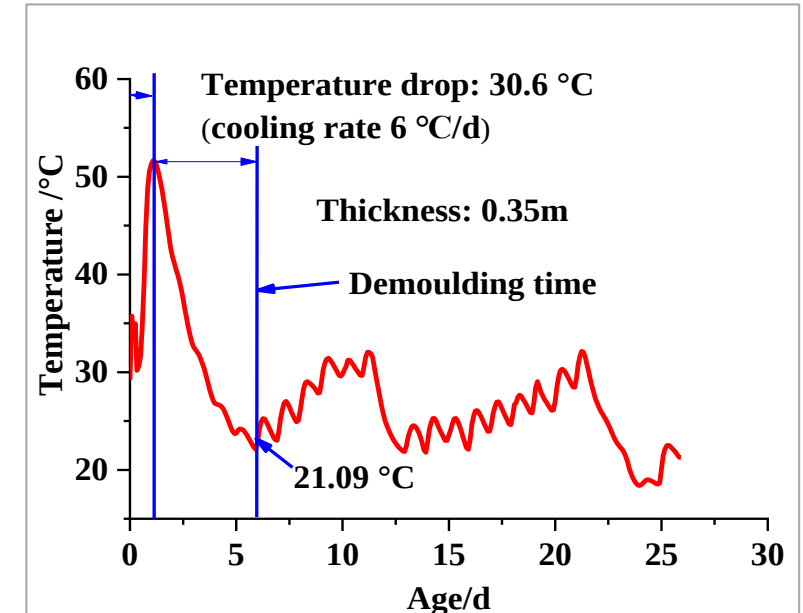
- Dual-regulation technology of hydration rate and expansion process can reduce temperature peak by 9°C and compensate shrinkage by more than 300μ ϵ , thereby reducing the cracking risk below threshold



Temperature rise inhibition effect



Full-stage shrinkage compensation

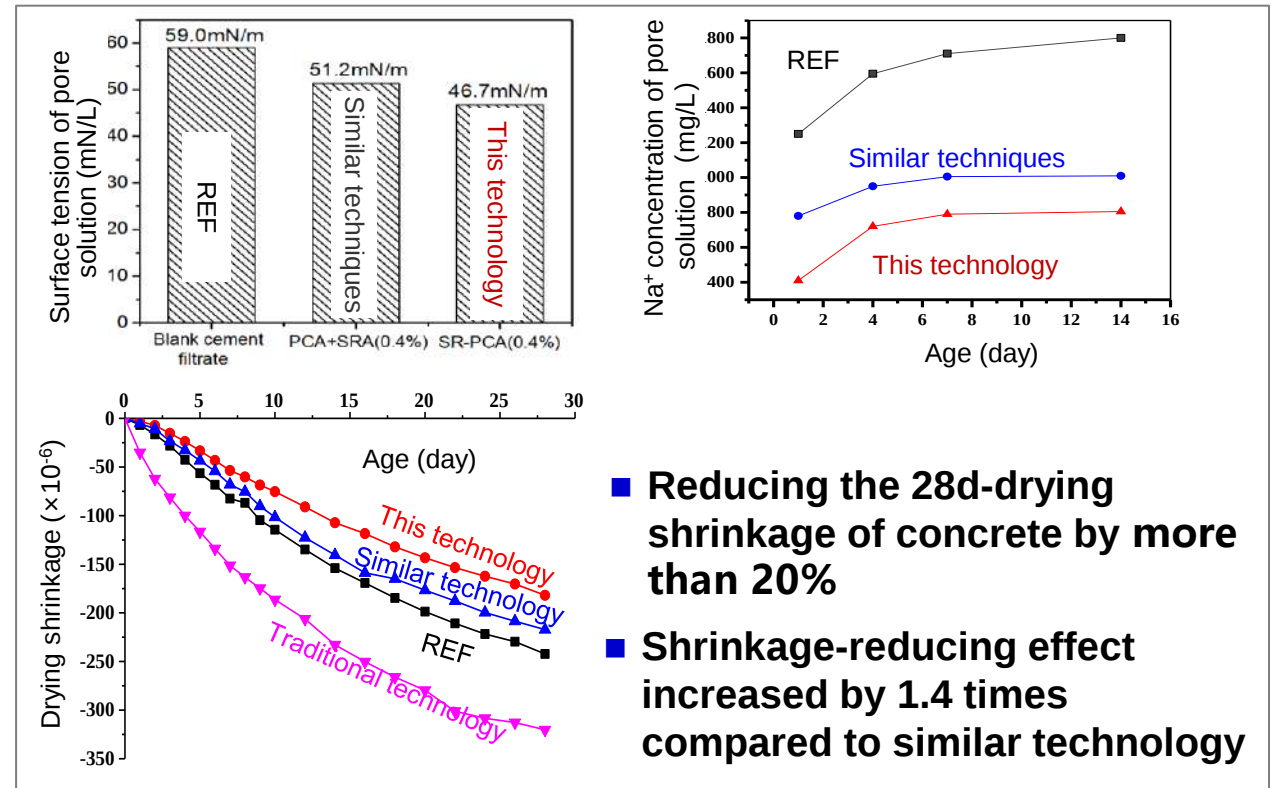
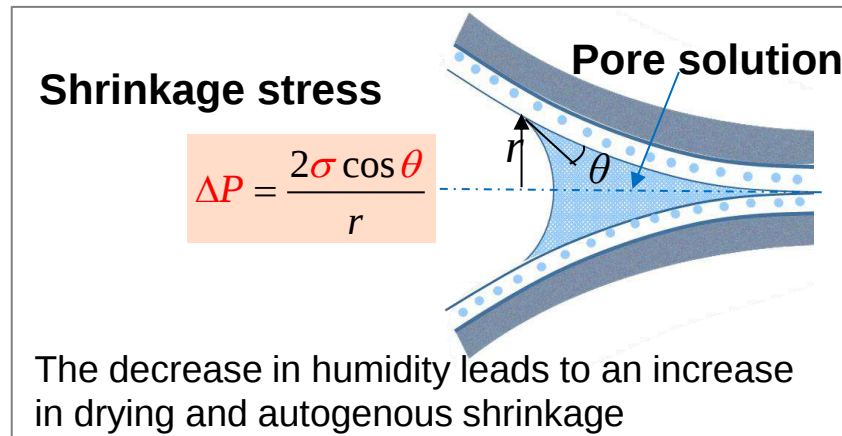


Temperature history of a sidewall

Providing a new approach for shrinkage crack control in hardening stage for cast-in-place concrete

New technology 4 Shrinkage-reducing PCA (SR-PCA)

- Shrinkage-reducing polycarboxylate superplasticizer significantly reduces the surface tension and Na^+ concentration of pore solution, thereby reducing shrinkage stress caused by drying



Providing new materials for long-term drying shrinkage reducing

□ Traditional facade curing techniques

Problems

- Tight schedule
- Lack of technical means

Status

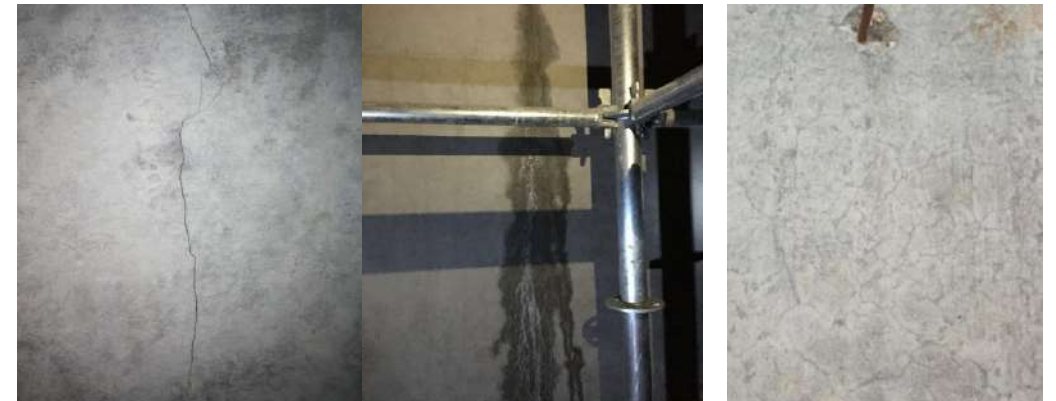
- Fast construction speed ⇒
- Premature demolding ⇒
- Poor curing ⇒

Consequence

- Curing facilities cannot be rotated
- Concrete temperature is still at peak or high level
- Large cooling rate and severe surface water loss

Traditional techniques

- Hanging film or geotextile
- Laying pipes at the top of the wall to spray water



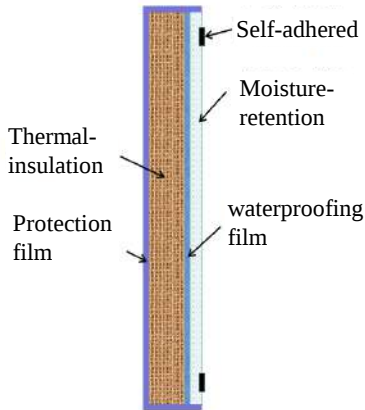
Vertical parallel distributed
thermal cracks

Random surface
cracks due to drying

New technology 5 Thermal-insulation and moisture-retention curing technology (TMC)

Self adhesive curing cloth for facade thermal-insulation and moisture-retention

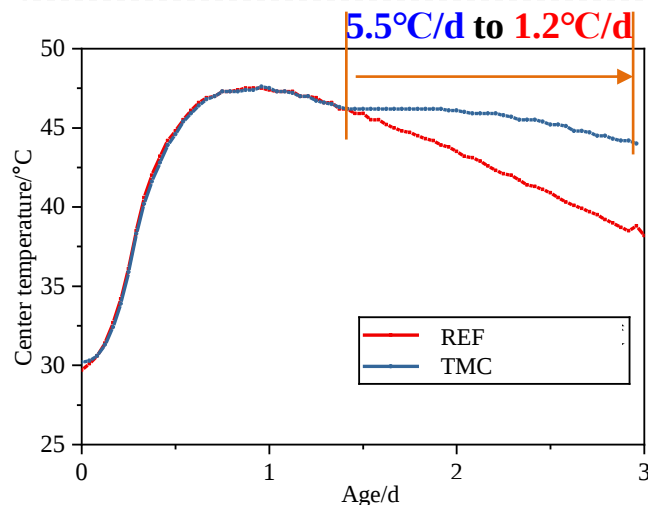
Flexible geotextile	→	Moisture-retention
Rubber plastic sponge cloth	→	Thermal-insulation
PE film	→	Waterproofing
PVC film	→	Protection
PU materials	→	Self-adhered



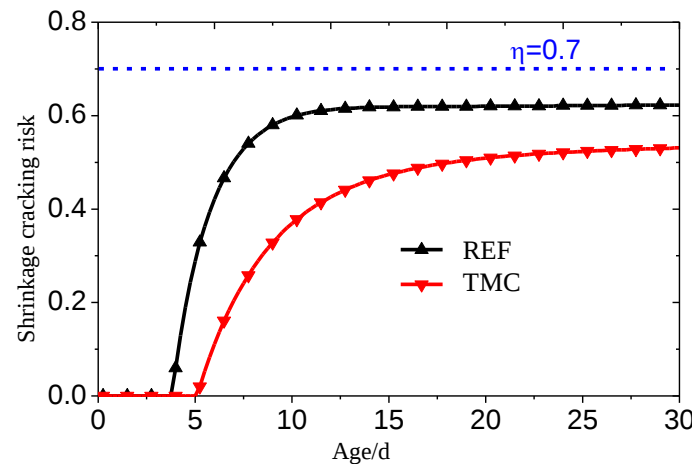
Rinse with water



Adhesion recovery



Thermal insulation effect



Shrinkage cracking risk

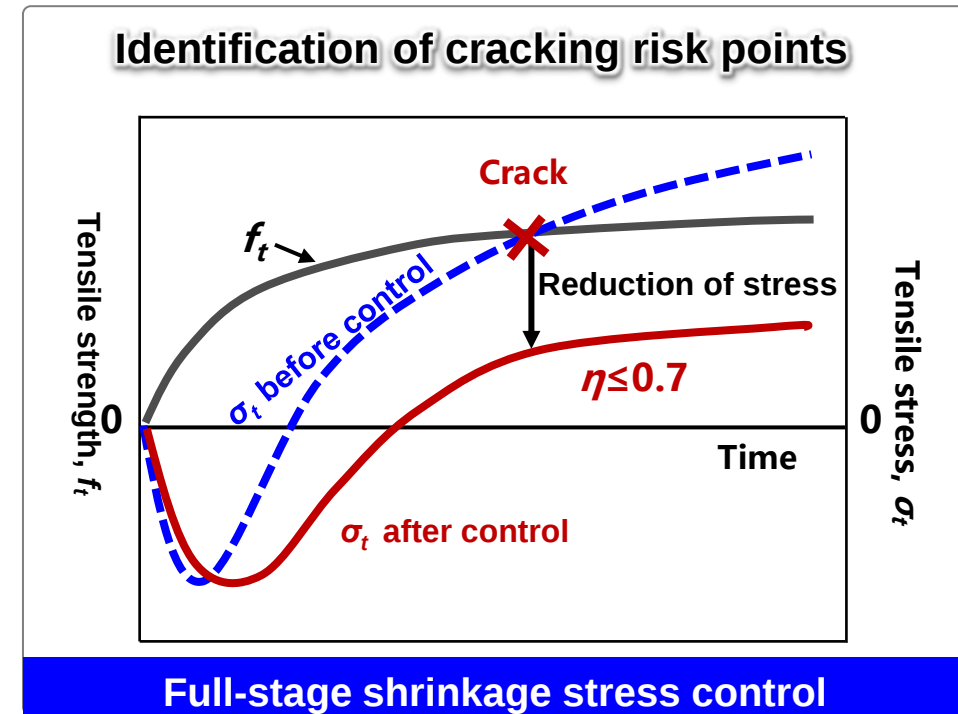
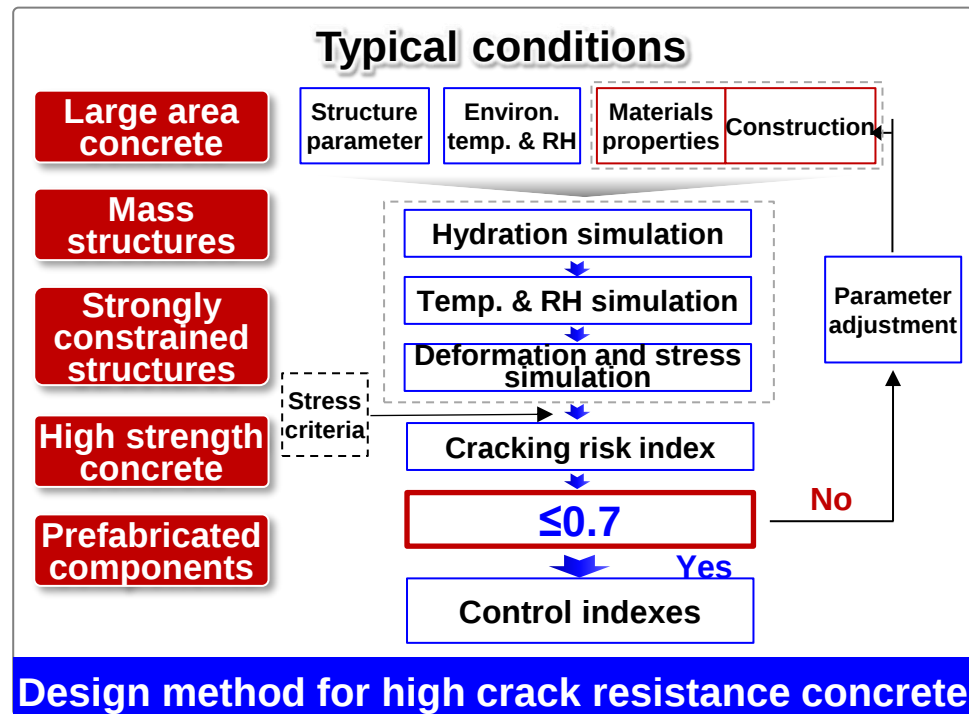
- Adjustable and controllable surface heat dissipation coefficient of the structure: **100~400kJ/(m²·d·°C)**
- Adjustable temperature drop rate, capable of achieving **≤ 2.0 °C/d**
- Keeping the concrete surface **long-term wetness**
- Further reducing shrinkage cracking risk by more than **10%**



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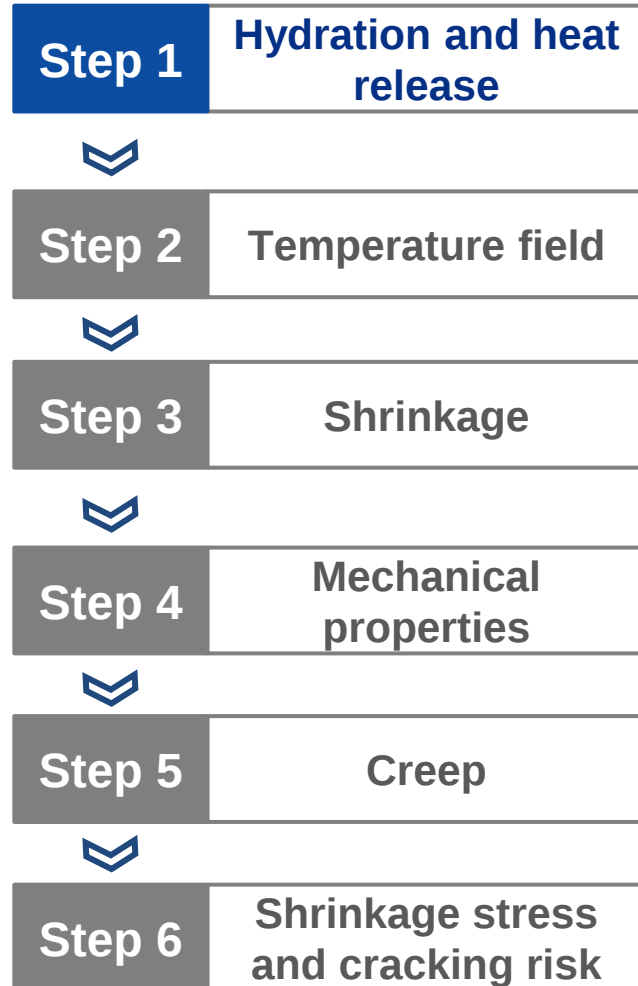
Typical applications

- A simulation software and design system was developed to calculate the cracking resistance of concrete structures based on the prediction model
- Then, **targeted crack resistance strategies** can be designed to mitigate the shrinkage stress in whole process



To control the cracking risk index $\leq$ threshold **0.7**, and the non-cracking probability **> 95%**

Design process



Inputting parameters

- Strength grade/composition of raw materials

- w/b

$$Q = Q_C \cdot P_C + k_1 \cdot 461 \cdot P_{SL} + k_2 \cdot 210 \cdot P_{FA}$$

$$\alpha_{\max} = \frac{1.031 \cdot w/b}{0.194 + w/b} + 0.50 \cdot P_{FA} + 0.30 \cdot P_{SL} \leq 1$$

Outputs

- Maximum heat release of cementitious materials
- Maximum adiabatic temperature rise

$$T_{a,\max} = \alpha_{\max} \frac{WQ}{C\rho}$$

Cement hydration heat (Q_C)

Cement type	Cement strength grade	
	42.5	52.5
P·I, P·II	430	465
P·O	365	420

Adjustment coefficient for the addition of admixtures

Dosage	0	10%	20%	30%	40%	50%
SL (k_1)	0	0.9	0.7	0.6	0.5	0.5
FA (k_2)	0	0.5	0.45	0.42	0.4	0.35

Values taken based on strength during the design phase, when no concrete mix proportions

Concrete strength grade	C30	C40	C50-C60
$T_{a,\max}$ (°C)	45	50	55

Applications

- ❑ The achievements have been applied to over 100 major projects, realizing no visible cracks in underground spaces, tunnels, long structures and mass concrete, etc.

Type	Typical projects	Application effect
Underground spaces	Shanghai Metro Line 14, Xuzhou Metro Line 2, Qingdao Metro; Wuhan Pipe Corridor, Suzhou Binhu Underground Space, Suzhou Qidi Building	Mitigating the shrinkage cracking of compound or superimposed sidewall concrete
Tunnels	Taihu Tunnel, Xuanwu Lake Tunnel, West Lake Tunnel, Dushu Lake Tunnel, Jiuhuashan Tunnel, Gansu Ganjiangtou Tunnel	Solving the shrinkage cracking problem of super-long or mass concrete
Hydropower engineering	Xiangjiaba Hydropower Station, Pubugou Hydropower Station, Jinping Hydropower Station, Gongboxia Hydropower Station	Mitigating shrinkage-induced void in diversion tunnel concrete, or cracking in the panel
Bridge engineering	Bridge tower of Shanghai-Suzhou-Nantong Yangtze River Bridge, Main Tower of Pingtang Grand Bridge, Liujiang Yujiang CFST Arch Bridge, etc.	Solving the shrinkage cracking or shrinkage-induced void of high strength mass concrete
Railway engineering	Lanzhou-Urumqi High-speed Railway, Zhengzhou-Xuzhou High-speed Railway, Shenyang - Dandong Passenger Dedicated Line, etc.	Eliminating plastic cracking in extreme dry environments , reducing the shrinkage and void of filling layer in CRTS III slab ballastless track

Promoting the crack control of concrete from **passive repair to active prevention**

Extremely dry environment

Relative humidity

<30%

Wind speed

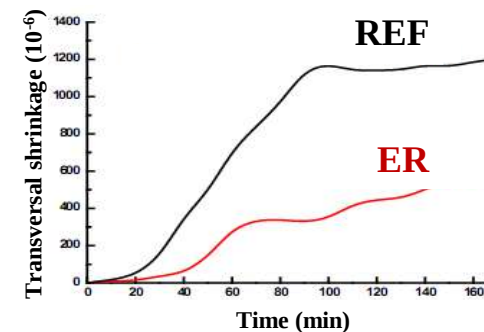
>8m/s

Land surface temperature

>50°C

Water evaporation rate of concrete is extremely fast

Early-age curing



Low humidity, strong wind and high land surface temperature in summer



Plastic cracking

用户意见书

工程名称	兰新铁路第二双线
监理单位	中铁十七局集团第四工程有限公司
产品名称	Enduser®-101 型性混凝土高效水分蒸发抑制剂
产品生产厂家	江苏苏博特新材料股份有限公司
产品使用起止时间	2012.1-2013.12
适用范围	

兰新铁路第二双线是国家重点工程，由于地处极端干旱、大温差及大风等恶劣自然条件，混凝土表面在开始浇筑后发生塑性开裂和起砂现象，导致施工无法进行，严重影响施工进度，影响了工程质量。

为解决该问题，经多方论证，兰新铁路第二双线采用江苏苏博特新材料股份有限公司生产的 Enduser®-101 型性混凝土高效水分蒸发抑制剂。应用效果显示：该水分蒸发抑制剂能够有效降低混凝土表面水分蒸发速度，防止混凝土表面产生塑性收缩裂缝，提高了混凝土的抗裂性能，减少了混凝土的收缩，提高了混凝土的强度，保证了混凝土的质量。在施工过程中，该产品使用简便，技术成熟，为建设工程的质量提供了保障。

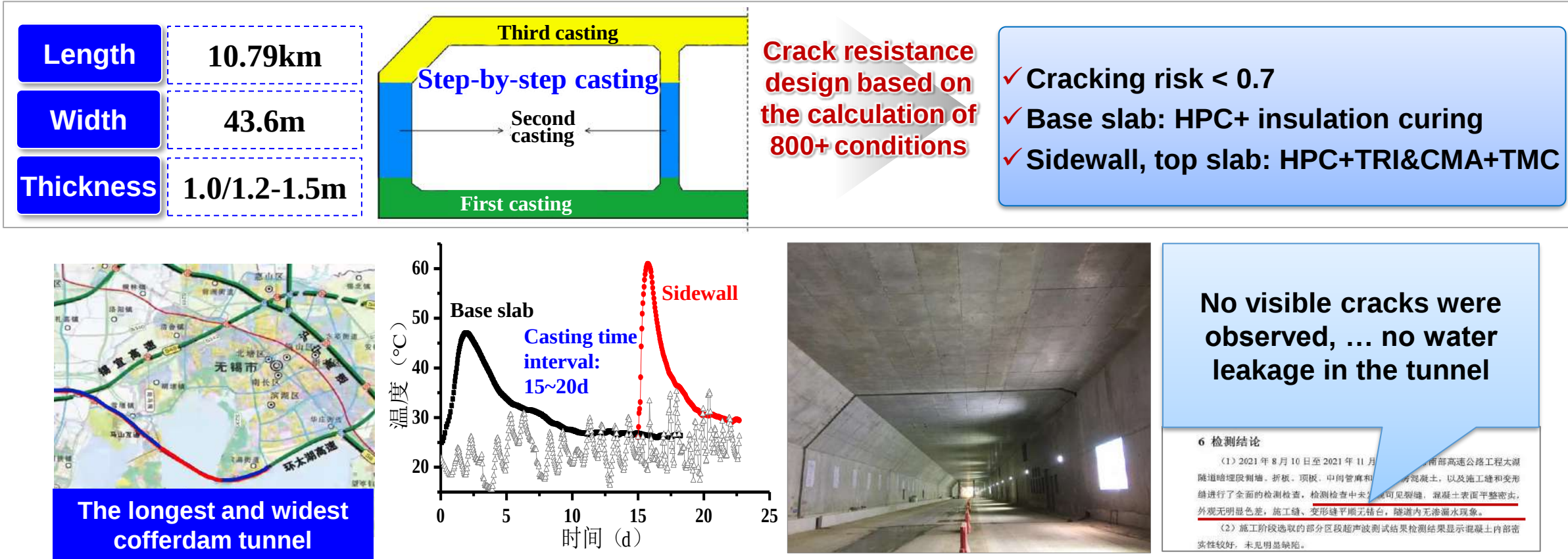
通过该工程的应用，我们认为该型混凝土高效水分蒸发抑制剂具有推广价值，尤其适用于极端干旱、大温差及大风等恶劣自然条件。

监理单位：中铁十七局集团第四工程有限公司
日期：2013.12

Plastic cracking and crusting of early-age concrete were avoided

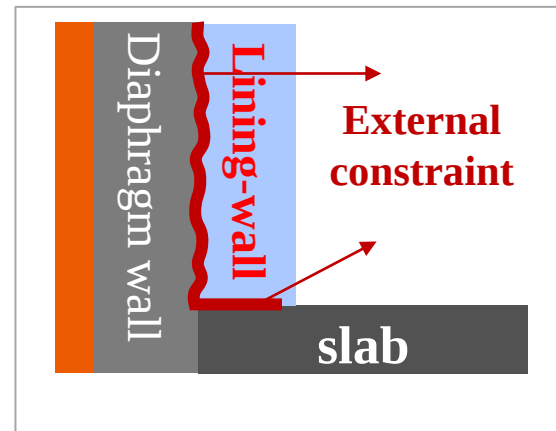
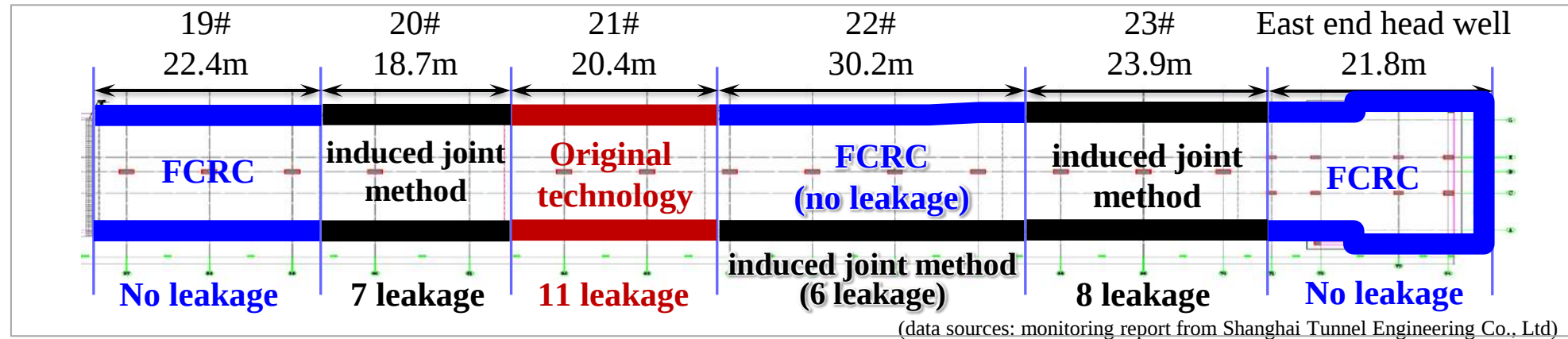
Crusting, peeling and plastic cracking were avoided under extremely dry environment

❑ Super-long mass concrete with high temperature rise, large shrinkage, and strong constraints



A benchmark project for shrinkage crack control and leakage prevention of cast-in-place concrete tunnels

Strong constraint superimposed sidewall structures, serious cracking and leakage problems



Hydration rate and expansion process

Dual-regulation technology



Under the same conditions.....

FCRC is the optimal solution

Preventing cracking in super long and strong constraint wall to ensure the same service life of waterproofing and structure

❑ Diamond shaped cable tower, mass concrete, high strength

Strength: **C60**, max thickness: **3.5m**, max girth: **42m**

Strong constraint: casted old concrete segment with strength **> 60MPa**
and modulus **>35GPa**

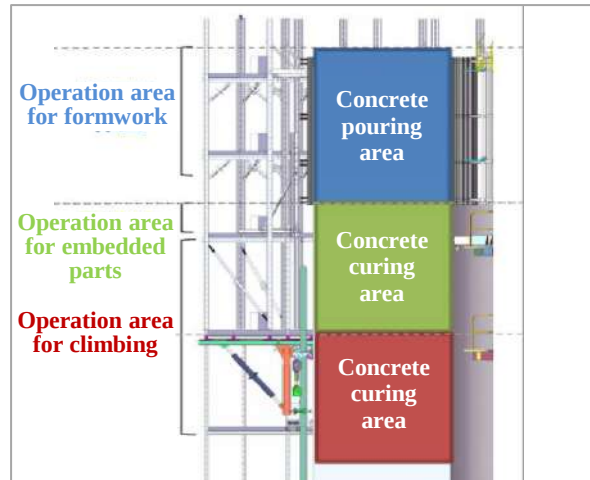
Demolding at 3-5d, windy, **difficulty in curing**

TRI+CMA
Rheological modified
Cooling water pipe
External insulation

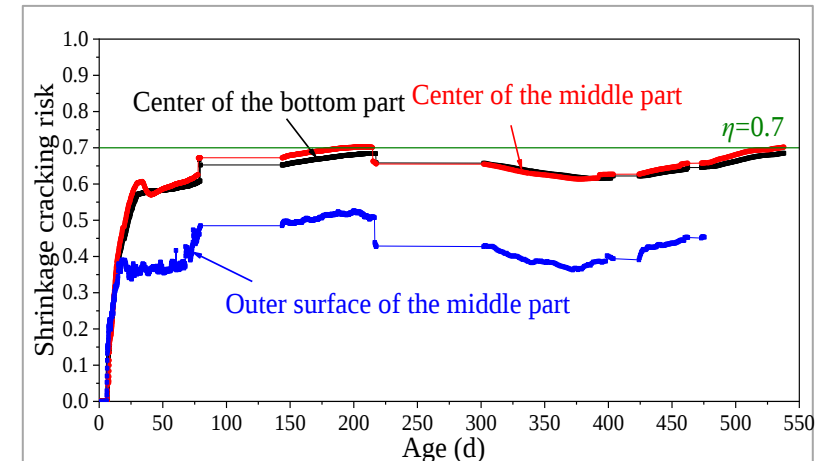
Cracking
risk < 0.7



Span: 1208 m, height of main tower: 350 m



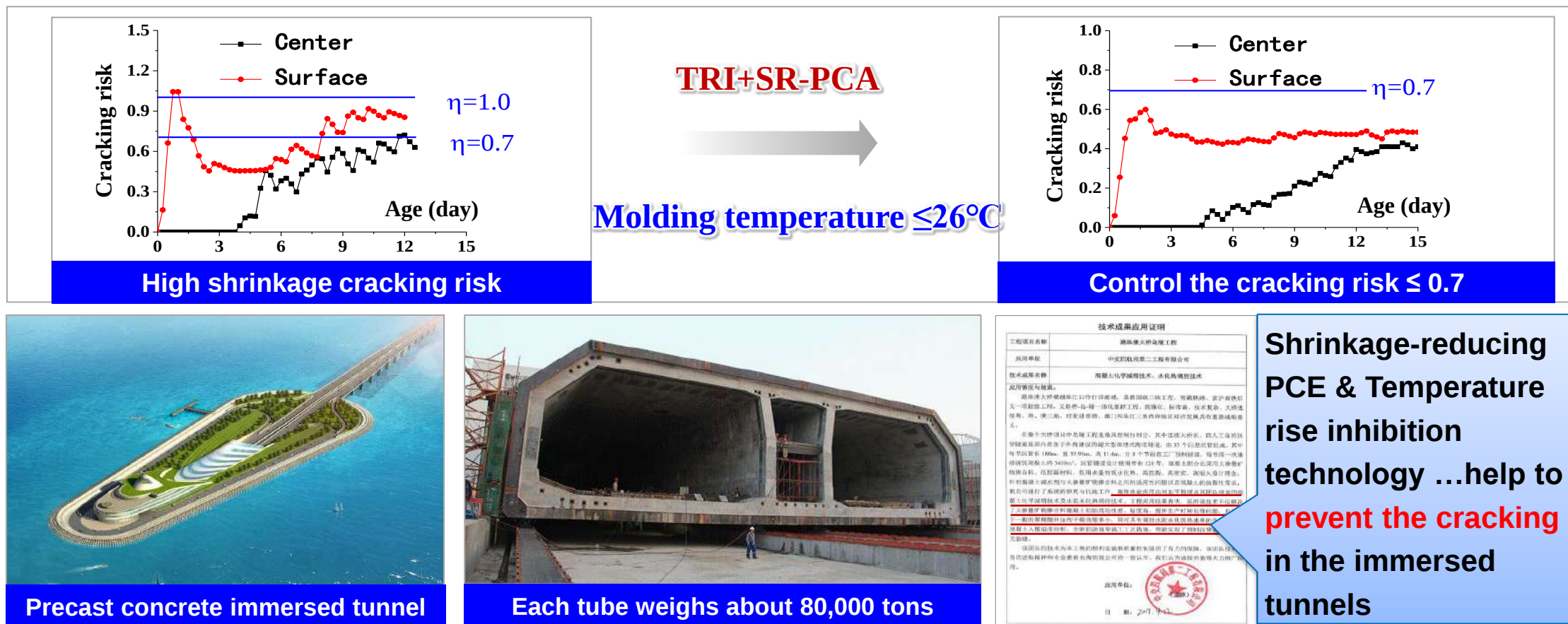
three-story tower construction



Inversion results of the shrinkage cracking risk of concrete in beams and pillars

No visible cracks in beams and pillars of cable tower

□ The world's largest precast concrete immersed tube



No visible cracks and leakage were found in the immersed tunnel, meeting the design requirements of 120 years service life

- Heavy weight aggregates (magnetite) was applied for concrete with high requirements for crack resistance and radiation shielding

Length: > 60m, thickness: 2.0~3.5m, density: 3.8t/m³

Higher thermal expansion coefficient (>14μ ϵ /°C) and shrinkage (increased by 20%) of heavy concrete

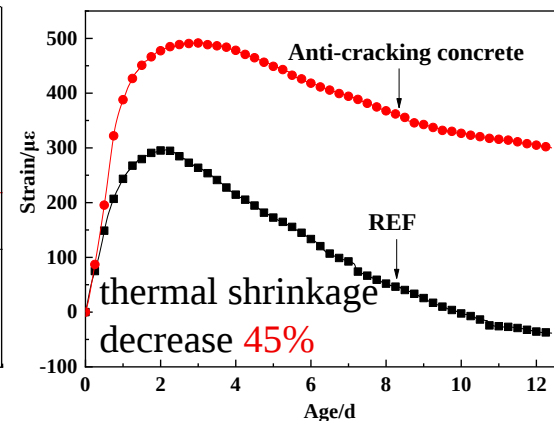
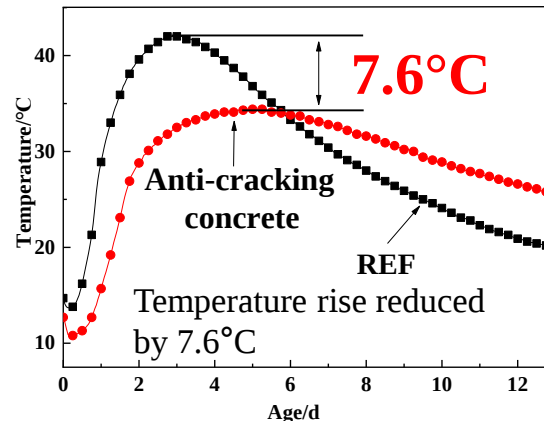
High temperature rise and temperature difference, cooling water pipe cannot be used, cracking risk > 1.5

Dual-regulation
technology

Design & prepare high anti-cracking heavy concrete to ensure no cracking (reliability probability > 95%)



Proton medical center of Shandong Cancer Hospital



Preparation of low temperature rise and high crack resistance concrete by dual-regulation technology

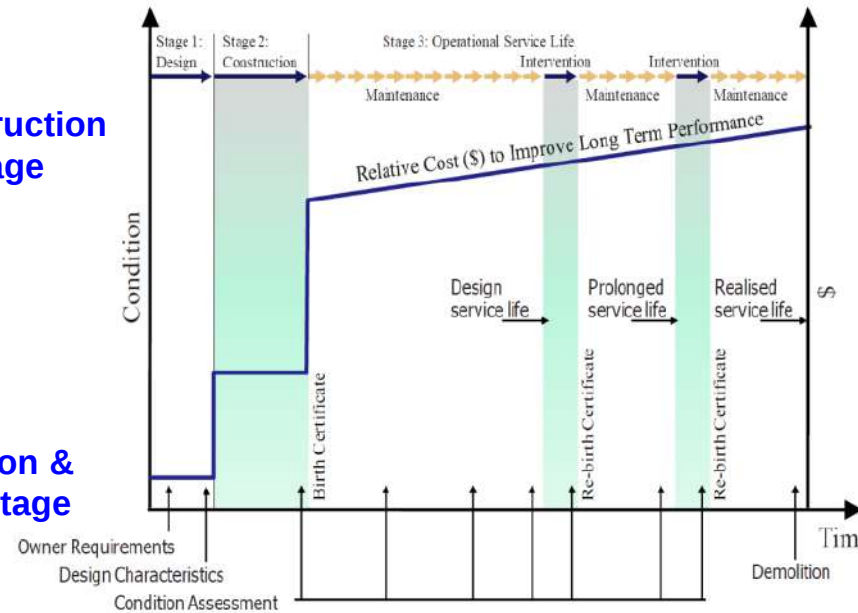
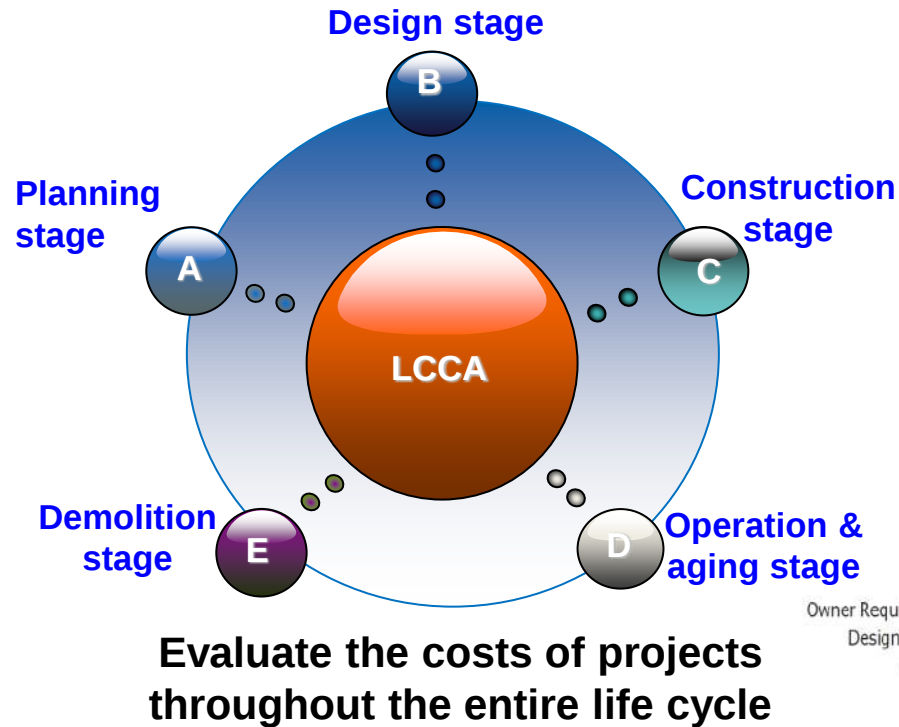


No cracking

No cracks were found, ensuring radiation shielding effect

Cost analysis

Life Cycle Cost Analysis



“Five-fold law”

- During construction, save \$1
- When steel corrosion is found, taking measures costs an extra \$5
- When concrete cracking, additional maintenance costs \$25
- When serious damage, additional maintenance costs \$125

- Cost of crack resistant functional materials: 40-60 yuan/m³
- Cost of construction measures: casting temperature control costs about 3 yuan/°C, insulation, etc

Crack resistant concrete improves durability, which can reduce comprehensive costs of construction and maintenance



5

Conclusions

Conclusions

- By adopting full-stage cracking risk control method (FCRC), the crack resistance performance of concrete **can be designed**, the mitigation strategies **can be implemented**, and the crack resistance effect **can be detected**
- Concrete crack resistance should be **specially designed**, the multi-field (hydro-thermo-hygro-constraint, HTHC) coupling model is a scientific method that can be used for crack resistance design of modern concrete
- High performance concrete is the **foundation**, and **new materials technologies** such as water evaporation retardant(ER), temperature rise inhibition (TRI), full-stage shrinkage compensation(FSC) and shrinkage-reducing PCA(SR-PCA) are **effective ways** to mitigate cracking

Conclusions

- ❑ **Precise construction measures** such as casting temperature control, thermal-insulation and moisture-retention etc., are also very **important to realize** the shrinkage crack control
- ❑ Avoiding harmful cracks not only benefits the present, but also benefits the future.

祝贺ACI新加坡2024混凝土技术年会 圆满成功！

Congratulations on the complete success of
ACI-Singapore Chapter 2024 Annual Seminar for Concrete Technologies!

Thank you!

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